HALIFAX metro®

NEWS WORTH SHARING.



Loaded rifle found in teen's backpack

Student arrested after weapon recovered at high school PAGE 3

'Help me ... don't let me die'

Halifax men awarded Medal of Bravery for rescuing Cape Breton man trapped under ice last January PAGE 4

Authorities find journal, videos by Florida shooter

University gunman thought government was after him PAGE 24

COLE HARBOUR: HOME OF CANADA'S SMARTEST PERSON?

24-YEAR-OLD PHENOM USES HIS SMARTS TO REACH FINAL EIGHT CONTESTANTS OF CBC SHOW PAGE 8

Meet the Mooseheads' 'big sister'

Helping hand. Athletic therapist Diane Ouimet says her door is always open to players



KRISTEN LIPSCOMBE
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From bandaging bumps and bruises to providing game-day snacks and the occasional advice, Diane Ouimet is more than just athletic therapist for the Halifax Mooseheads — she's also their "big sister."

"I love being in the rink," the 31-year-old Cole Harbour resident said Thursday inside her cozy Scotiabank Centre office, also the QMJHL team's therapy room, frequented daily by the 24 teenagers she works with, whether they're getting an injury treated or stopping in to chat.

"It's a fun atmosphere," said the Orleans, Ont., native of the place she has called home for five years, after three years with the Shawinigan Cataractes. She completed her undergraduate degree in exercise science at Concordia University in Montreal. Not only does working full-time in major junior hockey keep her busy with some professionally "interesting" injuries, but Ouimet forms personal connections with the players, who she says are "pretty funny" themselves. "They're pretty much children, and they're away from home. I see fans yelling at them in the stands, and I'm like, 'They're 16 years old, stop yelling!'"

When they're not in the arena, Ouimet will likely be at Cove Sport Therapy in Dartmouth, or perhaps travelling to Calgary to work with Hockey Canada's national women's program, but her "phone is always on."

"Sometimes they just need guidance," she said, which includes co-ordinating medical appointments, in addition to taping sprain, stretching strains and handing out fruit and granola bars. "If something's bugging them, I hope they feel comfortable enough to come and talk to me."

Ouimet's approachability, along with her experience as an elite athlete in sports ranging from soccer to ringette, appealed to Mooseheads general manager Cam Russell.

Players often talk to her before coaching staff, Russell said. "The training room ... almost turns into a lounge."

Ouimet herself has suffered from concussions and ACL injuries, so "she can understand what the players are going through," he added.

She is also the only woman in the 2013 Memorial Cup Championship photo, as the first female on Halifax Mooseheads hockey staff, but considers herself to be just another team member. "I have other girls who will ... ask me about being an athletic therapist and working in hockey," she said. "It's kind of fun ... thinking that I might motivate somebody who might not have thought it's a possibility."

Quoted

"She's our athletic therapist ... but sometimes she plays the role of the psychologist, a mother, a sister."

Halifax Mooseheads GM Cam Russell



Diane Ouimet, the Halifax Mooseheads' athletic therapist, stands in front of a large photo of the team at the Scotiabank Centre on Thursday. JEFF HARPER/METRO

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NEWS 1

Loaded rifle recovered at Bedford high school

Arrest made. Students, teachers carried on as investigation unfolded



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Halifax Regional Police were on scene at Charles P. Allen High School in Bedford after a student was arrested for carrying a loaded, sawed-off rifle. JEFF HARPER/METRO

Police arrested a 17-year-old boy Thursday after a loaded firearm was recovered at Charles P. Allen High School in Bedford, an incident a spokesman for the Halifax Regional School Board calls "very alarming."

Halifax Regional Police said they received an anonymous tip through Crime Stoppers at 8 a.m. about someone going to the school with the weapon and found the potential suspect later in the morning.

According to police, a loaded, sawed-off rifle and a knife were found in the backpack of the Grade 11 student, after he was brought to the school's offices.

"At this point, we don't have any reason to believe it's connected to the school or that he might have had issues with anyone," said Doug Hadley, spokesman for the board.

"It's troubling that a student would bring in a weapon like this (to school), but there's no reason to believe he had any of intention of using it."

Hadley said the student had the backpack with him as he went to class Thursday morning, but it's not believed the weapons were ever seen.

Police interviewed the student on Thursday afternoon and charges are expected. The student also faces a school suspension under the board's code of conduct policy.

"Obviously it's very alarming that anyone would need to bring ... a weapon to school, of any type," said Hadley, adding the student felt "remorse" about doing what he did.

"We believe this is really an isolated incident."

Const. Pierre Bourdages, spokesman for Halifax Regional Police, said he didn't know what the student's intentions were in a case he calls "very uncommon for Halifax."

Police arrived around 8:30 a.m., with students going into class at 9:20 a.m. The student was identified and questioned around 11:30 a.m.

"Schools are there for one reason: to learn. They are not firing ranges," Bourdages said. "There's no reason for anyone to carry a weapon to a school."

The decision not to lockdown C.P. Allen came from the school.

Hadley said because police were on scene and eventually identified who the individual was, they felt the situation was under control.

Quoted

"No threats were made to any students or teachers."

Halifax Regional School Board spokesman Doug Hadley

Nerve-racking morning

Students in shock

Students at C.P. Allen said Thursday they were in shock after news of a Grade 11 student walking into the school with a loaded firearm.

Conner Boucher, a Grade 12 student, said it was nerve-racking to learn about what was happening when he and other classmates checked Twitter in between classes and saw tweets from police.

"There was no way from preventing (the student) from walking into the school. No metal detectors or anything like that," said Boucher.

Dylan Blumenthal, also in Grade 12, said he doesn't know the student personally, but described him as someone who isn't overly well-known in the school.

"I don't know him well him (enough) to say, but it's kinda weird that he had the gun. I'm not sure what he was planning on doing with it." STEPHANIE TAYLOR/FOR METRO



‘Don’t let me die’: Local heroes recall rescue of man under ice

Medal of Bravery. Two Halifax men receive award for springing into action after snowshoer found himself in trouble



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Premier Stephen McNeil spotted Julian Rouleau’s grin across the crowd, as the two men who helped save Rouleau’s life were honoured for their courage.

“I can see his smile at the back of the room,” McNeil said as all heads turned to look at Rouleau, a 22-year-old Cape Breton man who fell through the ice over Uisage Ban Falls in January.

Before the premier awarded two of this year’s Nova Scotia Medal of Bravery awards to Stephen Ross and Keiren Tompkins of Halifax, Rouleau told reporters he wanted to support the men who had risked their own lives by reaching through a hole in the ice to pull him to safety.

Quick thinking saves the day

“It went from despair to jubilation.”

Keiren Tompkins, who along with Stephen Ross pulled Cape Breton man Julian Rouleau to safety after Rouleau fell through ice over Uisage Ban Falls

“It felt like forever when I was in there,” Rouleau said about the fall.

Rouleau said he had been snowshoeing with friends around the area but didn’t realize he was standing on ice over the falls until he fell through.

Luckily, Rouleau said, there was room to hold his head up — but it was difficult to catch any air with the water pushing past him.

Ross and Tompkins had passed Rouleau’s group earlier in the day, and decided to hike up and take photos of the falls the moment before Rouleau went under the ice.

Tompkins said he felt “disbelief and despair” and didn’t think there was any chance of finding Rouleau, but he checked through the hole and spotted him about four feet away.

Ross said they wouldn’t have been able to reach Rouleau without a device like Tompkins’ collapsible ski pole, which they stretched toward the young man, with Ross holding Tompkins’ legs as he dangled his body through the ice.

“He was spitting water and saying, ‘Help me, save me, don’t let me die,’” Tompkins said.

They pulled Rouleau to safety and warmed him up in Tompkins’ nearby cabin.

The trio has kept in touch since that day, and has even made plans to return to the falls together.

Tompkins said receiving the medal and plaque is a wonderful honour that was unexpected, but he did the same thing anyone would have in that situation.

“The award’s nice ... Today was very much appreciated,” Tompkins said. “But the wonderful thing is that we’re here being able to spend time with Julian, and he’s still here with everybody and his family.”



Bravery award recipients Keiren Tompkins, left, and Stephen Ross, second from right, joke with Julien Rouleau, third from left, whom they saved after he fell through the ice while out with his friend Tyler Murphy, second from left. Premier Stephen McNeil handed out the awards at Province House on Thursday. JEFF HARPER/METRO

Others honoured for pulling man from burning car

Three other men, one of whom is the first New Brunswicker to ever receive the province’s Medal of Bravery, were also honoured Thursday.

Nova Scotians Wade Smith of Londonderry and David Grandy of Tatamagouche received the honour, alongside Shawn Hardy of Maugerville, N.B.

All were honoured for their roles in the same life-saving incident, as they helped to pull a man from a burning car on Sept. 14, 2013.

Justice Minister Lena Diab shared the story of how Smith had been driving with Dillon McMullin along Highway 104 near Masstown, when their car hit two horses running loose on the road and crashed.

An injured Smith was able to free himself from the SUV but he could not get McMullin out, so he flagged down Grandy and Hardy’s passing car.

The three men managed to pull McMullin from the burning vehicle moments before it exploded.

“The actions of these three gentlemen were heroic,” Diab said. “Their quick response and selfless acts of bravery saved the driver.”

Premier Stephen McNeil presented all three men with their medals and plaques.

“We just want to say thank you,” McNeil said.

HALEY RYAN/METRO

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A licence to cycle in Halifax?

Ending 'flagrant abuse.'
Critics say proposal by councillor would be one more barrier for cyclists

STEPHANIE TAYLOR
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A bike advocacy group is confronting a recent suggestion made by a Dartmouth-area councillor, who is asking city staff to revisit the idea of licensing cyclists in Halifax.

The Halifax Cycling Coalition has posted a rebuttal on their website, urging residents to contact Coun. Gloria McCluskey, who pushed for it during this week's council meeting.

McCluskey had tabled a notice of motion for the Active Transportation Committee Staff to compile a report on licensing cyclists age 18 and older.

She said a number of residents have complained of reckless cyclists, who have no way of being held accountable for their bad riding behaviour.

"People are saying they're fed up with the flagrant abuse of the roads and sidewalks," McCluskey said Thursday.

She said there are daily instances of bad cyclist behaviour, from running red lights to cutting off pedestrians to driving at night without lights.

"We know about (bad) drivers. They get fined all the time," McCluskey said, explaining cyclists should face the same liability.



Halifax Regional Police Chief Jean Michel Blais, left, and Mayor Mike Savage, right, lead a group of cyclists along Thistle Street during the second annual Mayors Bike Ride this past June. JEFF HARPER/METRO FILE

Council vote

Halifax council will vote Dec. 2 on whether a report on licensing cyclists is necessary.

However, Emily Macdonald of the coalition believes, that is a misguided argument.

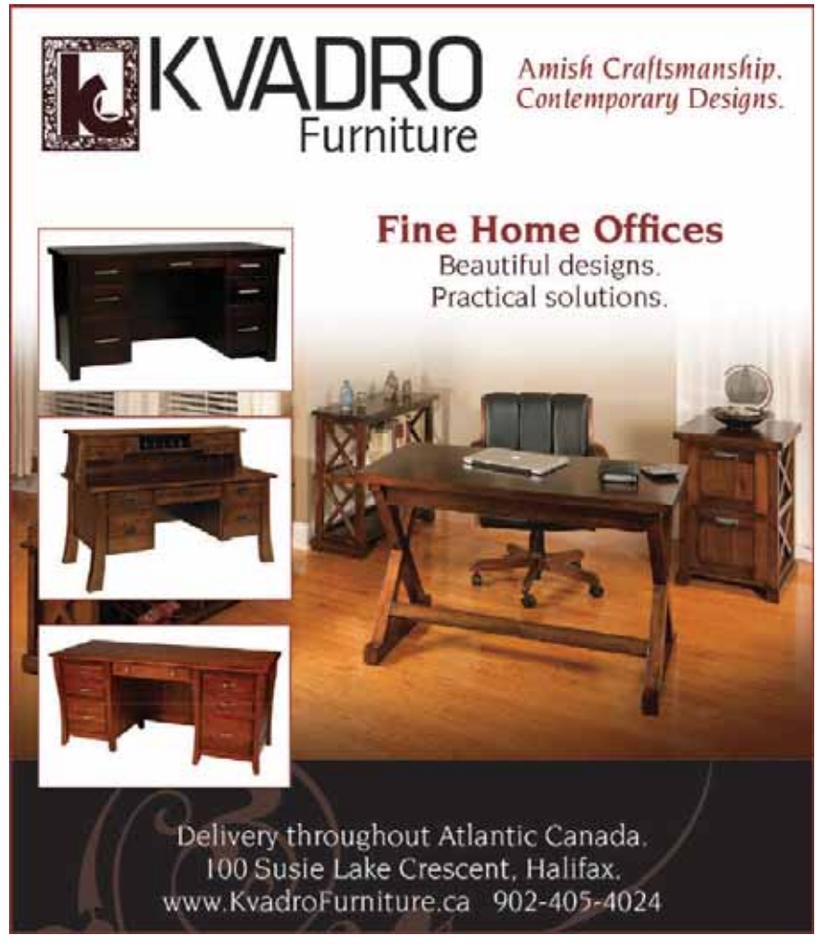
"Requiring licences doesn't necessarily mean people will be any more educated or be better behaved," Macdonald said Thursday.

She acknowledges bad cyclists are a problem but believes there are better alternatives, such as requiring cyclists who break the law to be ticketed and made to complete a safety course.

Macdonald also cited a 2009 staff report, which recommended against licensing cyclists, noting it was costly and dissuaded people from riding.

"There are already too many steps and barriers to people getting on a bike," she said.





Paramedic repeatedly denies sex assault claims

Court. Trial of James Keats continues on Friday in Windsor

A paramedic accused of sexually assaulting an elderly Mount Uniacke woman in his care maintained his innocence hours into an exhaustive interrogation by police.

James Duncan Keats, of Kentville, returned to Windsor provincial court Thursday for the continuation of a voir dire hearing, meant to determine the admissibility of a video recording of the interrogation that followed his arrest in May 2013.

The latest court appearance came to a close with about two hours and 15 minutes of video footage left to review.

So far in the interrogation, Keats has answered questions in one-on-one conversations with three separate police officers alleging they can prove he had sexual intercourse with a 71-year-old patient.

Keats repeatedly denied that he had intercourse with the woman, who is alleging he sexually assaulted her in her bedroom.

"I did nothing wrong to her in that room," Keats insisted.

Each RCMP officer prompted Keats to tell his side of the story, but the suspended paramedic would say only that he did nothing wrong, and ask to speak with a lawyer for advice.

"I'm trying to say to you guys I no longer wish to speak to you — that's it," said Keats, who is starting to appear agitated at this point in the video.

The officers reminded Keats he already spoke to a lawyer, and he was under no obligation to answer their questions. They stressed, however, that they were giving him a chance to tell his side of the story.

"I don't want to say something and have it come out wrong," Keats said.

Keats was leaning back in a chair with his arms crossed and lips sealed as the officers continually asked him to go into detail about what happened in the patient's bedroom. The interrogation space is a small, well-lit room furnished with a table and chairs.

The third cop to question Keats repeatedly asked if a mistake was made as the result of "pure emotion" until Keats finally broke his silence to say, "Thank you very much for the coffee; I appreciate it." HANTS JOURNAL

At a glance

- The alleged victim, who cannot be identified due to a publication ban, took the stand Sept. 29 and Oct. 3. She testified that James Keats initiated oral and vaginal intercourse on her without consent during a service call to her home in May 2013.
- The complainant, now 72, is also alleging Keats fondled her in the back of an ambulance in September 2012.



James Duncan Keats at Halifax provincial court last year. JEFF HARPER/METRO

Hit-and-run

Teen facing charges after vehicle damaged

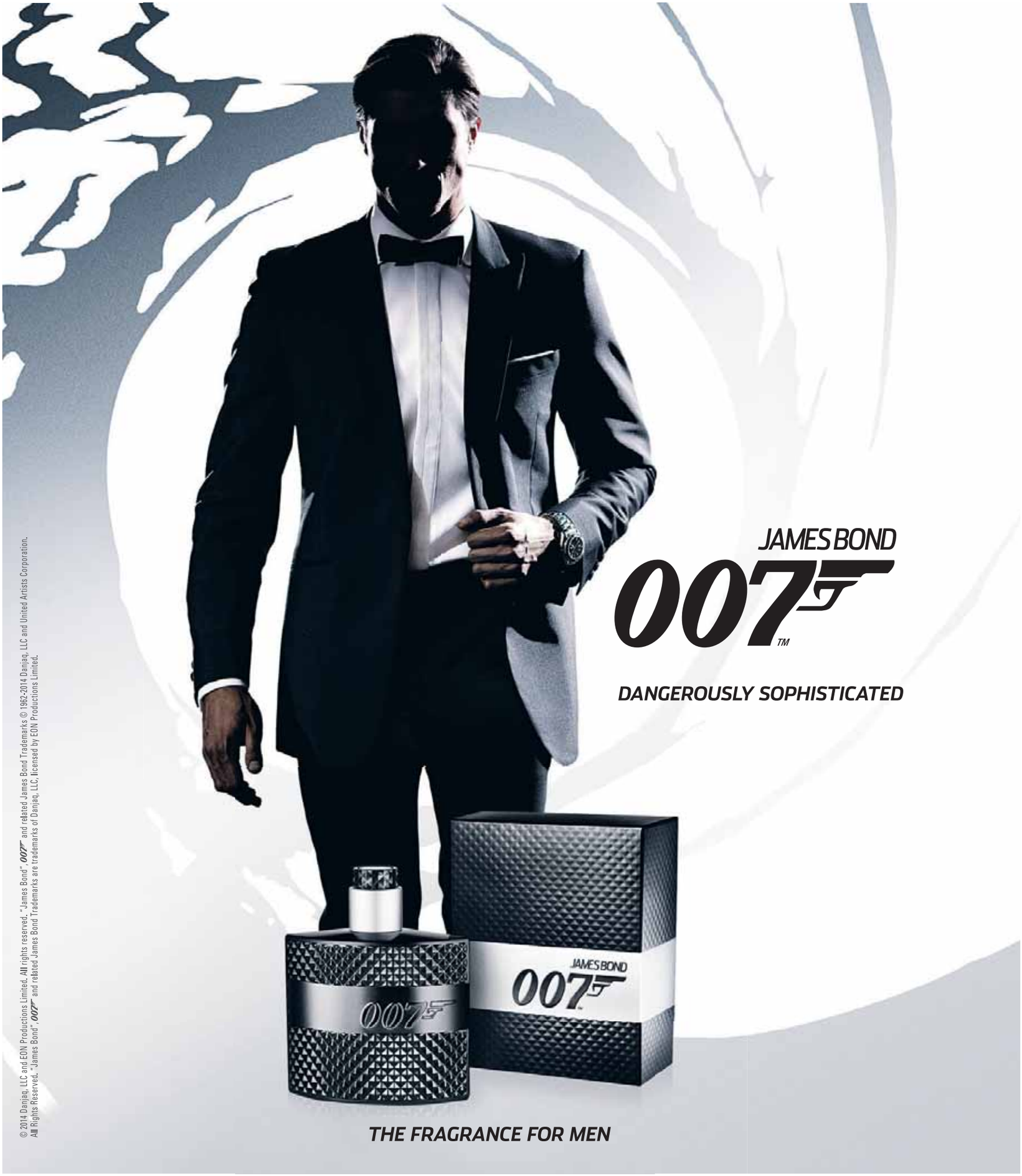
A 16-year-old faces charges after police found a damaged vehicle carrying two adults and a four-year-old girl in a Halifax intersection after a hit-and-run collision.

Around 9:40 p.m. Wednesday, Halifax Regional Police responded to the collision at the intersection of Lacewood Drive and Dunbrack Street in Halifax where they found a "severely damaged" vehicle according to a release.

An adult man and woman were in the car as well as a small girl, police said; they were treated at the scene by paramedics. The second vehicle had left the scene.

The driver will appear in court at a later date, and faces a Criminal Code charge of failing to remain at the scene of a motor vehicle accident, as well as a charge under the Motor Vehicle Act for failing to yield to a vehicle in an intersection. METRO





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Home is where the smart is

Canada's Smartest Person. 24-year-old Cole Harbour man may be crowned nation's brainpower champion on new CBC TV series

STEPHANIE TAYLOR
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Daryl Dillman COURTESY CBC

For Daryl Dillman, it all started with a dare.

Dillman, 24, was watching hockey with a few friends when a commercial came on, calling for contestants to apply for a spot on the new CBC television show, Canada's Smartest Person. That's when his buddies challenged the youngest surgical resident in Atlantic Canada to put his brainpower to the test.

"I'm not really one to back down from anything," the Cole Harbour resident said Thursday.

Dillman has since outsmarted his competitors on the way to become one of the final eight participants, by completing a set of weekly challenges that test the contestants' different types of intelligence, from logic to music.

The two-hour final episode will be shown Sunday at 8 p.m.

"One of the biggest things I learned is that in TV filming, there's actually a lot of waiting around," Dillman said, laughing.

His life is nothing short of impressive. He was homeschooled his entire life, and grew up with a passion for reading as well as athletics, with dreams of one day playing professional hockey.

But all that changed after he sustained a series of injuries at 17, including a major concussion, which made him rethink his future.

"The coolest thing about medicine is there's so much you can learn, and I love learning," said Dillman, who currently works as an orthopedic surgery resident in Cole Harbour.

Dillman says it's more due to luck than genius that he became the youngest surgeon in the region.

He explained that he finished high school a year earlier than most, then completed his undergrad in kinesiology at Dalhousie University in only three years, instead of the standard four.

Dilliman then went on to attend a two-year medical program at the University of Calgary, graduating at 23.

"I still look pretty young, so at first (patients) are a bit skeptical, then once they see that I know what I'm doing, they're usually cool with it," he said.

On top of finishing his residency, Dillman is also working towards his master's degree in public health from the prestigious Johns Hopkins University in Baltimore.

"I'm just concentrating on doing everything I can to be the best surgeon I can," he said.

Quoted

"I've gone through a lot of education, so it's nice to know that I might have learned something."
Daryl Dillman



Ladies and gentlemen, it is star time

An arborist puts the finishing touches on a Christmas Tree in Grand Parade on Thursday. The annual Halifax Christmas Tree lighting event takes place Saturday from 6 to 7 p.m. JEFF HARPER/METRO



‘Every little bit counts:’ Salvation Army

Red Kettle campaign. Mooseheads join Halifax police to help kick off annual Christmas drive



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A group of Halifax Mooseheads stretched their musical muscles Thursday afternoon in Grand Parade.

The players joined teams of Halifax Regional Police, Halifax Fire, and media personalities manning red kettles for the Salvation Army’s first annual Kettle Kickoff Competition to help launch the annual Christmas campaign.

“We tried to be loud, which worked for some people. We tried to attract as many people as we could,” captain Ryan Falkenham said about their tactics during the friendly competition to see who could gather the most donations in an hour over lunchtime.

“There was a lot of dancing and a little bit of singing. All Christmas songs, Jingle Bells, Here Comes Santa,” Falkenham added with a smile.

Salvation Army spokeswoman Coralee Lewis said the Mooseheads collected just over $200 in their kettle while the police were close behind them with $150.

Const. Chris Delong said officers deal with people from all different levels of society, so it’s important for them to show support for people in need and the whole community.

“It’s Christmas time; it’s the season of giving, so it’s good for people to come down and just help out,” Delong said.

Overall, Lewis said $700 was raised in just over an hour and the funds will go to programs run by their community and family resources centre, as well as the yearly Christmas hampers.

The competition aspect was all in good fun, Lewis said, and really helped the groups “get more into it.”

Over the next few weeks, 200 kettles will be popping up in stores and other spots around the Maritimes. Last year’s campaign raised $1.7 million.

“There is just so much need, we see it on a daily basis, and it’s not things that are extras,” Lewis said. “Food, and clothing to keep people warm, and so I feel like every little bit counts.”

Quoted

“It’s a hard time for a lot of people, so those who can help need to help.”

Ryan Falkenham, captain of the Halifax Mooseheads.



Halifax Regional Police officers Chris Delong and Stacey Opalka work hard to get donations during the Salvation Army’s Kettle Kickoff at Grand Parade on Thursday. JEFF HARPER/METRO

Health Authorities Act. Arbitrator won’t hear union Charter arguments

An arbitrator won’t hear constitutional arguments from a Nova Scotia public sector union that is fighting a provincial law to shrink the number of bargaining units for health workers from 50 to four.

The Health Authorities Act is part of a wider merger that also reduces the number of health districts from 10 to two by April 1.

The Nova Scotia Government and General Employees Union had asked arbitrator James Dorsey to rule on whether the health law violates Charter provisions guaranteeing rights of association.

In his ruling, Dorsey says he may still consider constitutional arguments from the Canadian Union of Public Employees on the act.

THE CANADIAN PRESS

Payroll. Firm signs rebate deal

Nova Scotia’s business development agency has signed a five-year payroll rebate agreement with a Halifax-based software development company.

Karma Gaming International creates mobile and online games, which are licensed to regulated lotteries.

The company’s clients are outside of Atlantic Canada with a focus on the European market.

Nova Scotia Business Inc. says Karma Gaming can earn up to $381,000 in payroll rebates if it creates 36 new jobs over five years, including two full-time equivalent positions in the first year.

THE CANADIAN PRESS

Earning potential

36

If Karma Gaming International creates 36 new jobs over five years, including two full-time equivalent positions in the first year, the mobile and online games creator can earn up to $381,000 in payroll rebates.

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‘One-shot deal’: Amherst mayor

Fracking wastewater. Town won’t become dumping ground, Robert Small says

Amherst Mayor Robert Small says his community will not become a long-term dumping ground for treated wastewater from hydraulic fracturing.

Speaking to members of the Amherst and Area Chamber of Commerce on Thursday, the mayor said the proposal to dispose of wastewater from Atlantic Industrial Services in Debert won’t be repeated.

“This is a one-shot deal. This is a question that I have been asked a lot since we began considering this proposal. The fact is this process of reverse osmosis is costly and is too high to become part of the fracking industry,” he said.

“It’s a one-off and it’s an opportunity to get some revenue and when it’s done, it’s done. When those holding ponds are empty we’re done with it.”

Since the town announced several weeks ago that it was entering into negotiations with the Debert company to dispose of treated waste water that was used seven years ago in hydraulic fracturing in Kennetcook, the mayor and council have come under fire from residents and activists expressing fears that the town could be opening the door to the fracking industry.

The mayor said he personally believes the test results are accurate and have been completed by credible laboratories. He believes the town has done everything to mitigate any risks associated with the proposal.

CUMBERLAND NEWS

Investments

Amherst Mayor Robert Small said the minimum $500,000 they would receive for the dumping project would allow the town to continue making investments in the community.



Country music fans get a little taste of ‘Moonshine’

Country music star Brad Paisley, right, takes to the stage before a large crowd at the Scotiabank Centre on Thursday night. The singer was in town promoting his latest album, Moonshine in the Trunk. JEFF HARPER/METRO



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Justice Minister Lena Metlege Diab is pictured in this file photo. JEFF HARPER/METRO

Diab rejects calls for her to resign

Limitation of Actions Act. Demands for Justice Minister Diab's resignation come from Tory critic Allan MacMaster

Nova Scotia's justice minister has rejected a call from the Opposition that she resign because of her department's confusion over a new law that centres on the statute of limitations on civil cases dealing with sexual abuse.

Lena Metlege Diab said Thursday she stands behind the new law and described the demand for her resignation as absurd.

The Limitation of Actions Act removes the statue of limitations for any future victims of sex abuse, but Tory justice critic Allan MacMaster says it should mirror legislation in several other provinces by extending the same rights to historical victims.

Diab had argued that making the law retroactive would be a first in Canada, but her department confirmed Monday that wasn't the case.

But Diab also conceded that her department failed to inform her properly about similar laws in other provinces.

"I have been honest," she said outside the legislature. "I have been upfront, I have told everybody what happened. There is nothing to hide ... We will get to the bottom of this."

While the minister said she has called for a review of what happened, MacMaster said Diab has mishandled an important file.

"This minister has proven herself incompetent," he said outside the legislature.

Premier Stephen McNeil also rejected MacMaster's demand Thursday, saying the minister has handled herself well. Still, he said a review was a good idea.

"It's a concern enough that we're trying to find out where the information came from," he said. "Part of this is finding out why the department responded in the way that they did." THE CANADIAN PRESS

Quoted

"According to the victims (of sexual abuse) I've spoken with, this minister of justice has grossly mishandled this file."

Tory justice critic Allan MacMaster

N.S. legislature passes several controversial bills

The Nova Scotia legislature wrapped up a two-month fall session Thursday, marked by a contentious health merger law and a ban on high-volume hydraulic fracturing.

Members of four major public-sector unions protested through the first weeks of the session as the Liberal government passed legislation to shrink the number of bargaining units for health workers from 50 to four — part of a wider bill that also reduces the number of health districts from 10 to two by April 1.

Tories' and NDP's view

Both the Opposition Tories and NDP say the government's performance was lacking when it came to important issues affecting jobs and the province's health-care system.

The government's fracking ban legislation also drew fire. The Opposition Progressive Conservatives said it sends a negative signal to the energy and business sectors.

Amendments to legislation were also passed that outlaw the sale of e-cigarettes to minors and prohibits their use in indoor public places, although the government again drew criticism when it withdrew a provision that would have banned flavoured tobacco for more consultation and study.

Premier Stephen McNeil says although the session wasn't without its challenges, it showed his government is willing to face difficult choices "head-on." THE CANADIAN PRESS

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Maritime Museum of the Atlantic gets lost in Lego

Owen Grace of the Nova Scotia Lego Users Group sets up a model of the Maritime Museum of the Atlantic at the museum on Thursday. Grace's massive annual Lego display at the museum — entitled Halifax, City by the Sea — is part of the Maritime Museum of the Atlantic's Christmas by the Sea, which includes Nautical Wreath Workshops, Boatload of Toys and Family Holiday Celebration. For more information and details, visit the website at maritime-museum.novascotia.ca. JEFF HARPER/METRO

Report pending on abandoned puppies

Animal cruelty. Six dogs found stuffed into garbage bags

The chief provincial inspector with the Nova Scotia SPCA said Thursday he is awaiting a final report from an investigation into animal cruelty involving newborn puppies found abandoned last week in Whitney Pier.

David Ross said a complaint was received by the provincial office, and after being assessed, was referred to the Sydney branch for investigation.

"There is no final report yet," he said, adding SPCA constables in Sydney are continuing their investigation.

Six puppies were found stuffed into two garbage bags and tossed into a swampy area. The bags were found by three teens, who discovered one of the litter had died.

The surviving pups are now being cared for at a facility on the mainland.

Ross said the SPCA is continuing to receive calls from the public concerning the case and that all information is being directed to Cape Breton investigators.

He said anyone with information concerning the case is asked to call 1-888-703-7702.

The investigation falls under the provincial Animal Protection Act, which grants authority to the SPCA to conduct such investigations. Police have a similar authority.

CAPE BRETON POST

SPCA

According to the SPCA, the agency employs two full-time provincial special constables and a chief inspector to fulfil its mandate and receives, on average, some 18,000 calls annually reporting concerns over animal welfare.

Olivet Street

Truck recovered after hit-and-run

Police have charged two men who allegedly ran from an accident scene involving a pickup truck they had stolen.

Police were called to Olivet Street around 8:30 a.m. after an accident involving the pickup truck and a minivan. Two men inside the pickup truck ran from the accident scene — with the engine running — and were located a short time later by officers on Chebucto Road.

METRO

Lower Sackville

Drug charges follow search of home

A man and a woman are facing drug charges following a search of a home in Lower Sackville this week.

The RCMP say they seized marijuana, proceeds of crime and a prohibited weapon in the search on Wednesday.

A 32-year-old man and 26-year-old woman were arrested at the scene.

METRO

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Unbarred. MacIntyre able to appear on CBC: Editor

Veteran CBC journalist Linden MacIntyre has not been barred from appearing on CBC News Network despite an internal memo to the contrary.

Jennifer Harwood, managing editor of CBC News Network, sent a memo to some staff late Wednesday stating that interviews with MacIntyre on the network this week had been cancelled.

The memo said the move came about because of MacIntyre's reported comments to the Globe and Mail comparing the workplace behaviour of The National host Peter Mansbridge to that of ousted Jian Ghomeshi, host of Q.

Harwood said Thursday that her memo was written in the heat of the moment.

She praised The Fifth Estate and said MacIntyre's final episode with the investigative program airing Friday was a powerful piece of journalism.

"While my feelings about the comments about Peter stand, I recognize that cancelling promotion of an important piece of journalism only hurts CBC News. That was never my goal, and our intention is to have Linden on CBC News Network tomorrow," she said in an e-mailed statement. THE CANADIAN PRESS

Linden MacIntyre

MacIntyre is retiring after spending 24 years as co-host of The Fifth Estate on CBC.

- **Departure.** He announced he was leaving to save the jobs of younger producers and to send a message about pending sweeping layoffs at the broadcaster.

Hardship. Youth have a tough time at 18: Survey

There's a tough time in everyone's life, and a new survey suggests it starts at age 18.

The poll from RBC reveals tough times for young people over 18, who are less happy and less optimistic than kids aged 10 to 17.

It's a "quarter-life crisis," RBC said, similar to the mid-life crisis that strikes an older generation.

The data came from the first RBC Kids Optimism Survey, which questioned nearly 2,400 Canadians aged 10 to 25.

While 95 per cent of people aged 14 to 17 said they were satisfied with their life, satisfaction dropped to 82 per cent among those aged 18 to 21, and 79 per cent among those aged 22 to 25.

There was the most negativity, and least positivity, in the 18-to-21 age group.

The survey said frequent feelings of happiness and laughter dropped 20 per cent among those aged 18 to 21.

In the same group, 19 per cent said they smiled less, while stress and worry increased by more than 30 per cent.

The RBC wants to help. Its Kids Pledge is a $100 million commitment over five years to help millions with programs designed to boost their well-being.

MIKE DONACHIE/METRO IN TORONTO

Poppy thief

Cops charge man for stealing poppy fund donations

Calgary police have charged a man with eight counts of theft under $5,000 after a rash of poppy box thefts early this month.

Dwayne Shane Soroka, 31, was arrested near Lloydminster without incident Wednesday morning.

In total, there were 18 reported incidents of poppy boxes being stolen in Calgary, which was a concern for the poppy box fund organizers, who say it could be a record year for donations.

"I'm glad that he was caught," said Joey Bleviss, chief administrative officer for the Calgary Poppy Fund. "I'm hopeful he realizes the hardship that he could have put some people through."

Police aren't sure how much money was stolen from the boxes, but Blevis believes it could be around $1,000.

He said, on average, each box brings in about $75, but with this year's spike in donations he is seeing boxes exceed the $100 mark.

HELEN PIKE/METRO IN CALGARY



Federal election ballots are ready to go, but are the parties?

An Elections Canada worker assembles election materials packages in Ottawa on Thursday in preparation for the 42nd federal General Election, tentatively set for Oct. 19, 2015. FRED CHARTRAND/THE CANADIAN PRESS

Senators ready push for aboriginal inquiry

Speaking for missing, murdered women. Liberal senators have ready-made legal arguments to force national examination

Quoted

"This is a way to press upon the government in a more efficient manner, so the government will have to defend its stance." Liberal Senator Serge Joyal

Former Liberals in the Senate are offering up ready-made legal arguments to anyone willing to take the federal government to court in order to force a national inquiry into missing and murdered aboriginal women and girls.

They say they are taking the legal route because Prime Minister Stephen Harper's Conservative government refuses to heed the calls of aboriginal groups, civil-liberty organizations and opposition parties to hold an inquiry.

"I think that there is no other choice than to go to court," said Sen. Serge Joyal, who wrote the legal argument.

"This is a way to press upon the government in a more efficient manner, so the government will have to defend its stance in court and be shamed by public opinion. That, I think, might compel the government to act, finally."

Joyal, a lawyer by training, cites sections of the Charter of Rights and Freedoms, other legal cases and the United Nations Declaration on the Rights of Indigenous Peoples to buttress his argument for an inquiry.

Joyal and his Senate colleague Lillian Dyck are in the early stages of finding someone who will take the case to Federal Court.

But they say a court case will put pressure on the Conservative government to call an inquiry, something it has refused.

"It could be an aspect of shaming," Dyck said.

"It could also be alerting Canadians to the fact that there is an underlying right amongst aboriginal women to be protected. And therefore, it might also then somehow increase pressure in other ways."

The government's latest budget included a five-year, $25-million renewal of money aimed at stopping violence against aboriginal women.

Kellie Leitch, the minister for the status of women, said $8.6 million will be earmarked for community safety plans, $2.5 million for raising awareness, another $5 million on encouraging boys and men to denounce violence against women, and $7.5 million for victim services.

THE CANADIAN PRESS

'I've never seen this much riot gear': Paikin

A veteran journalist who witnessed the mass arrests during the G20 summit four years ago told a police disciplinary hearing Thursday that in his 32-year career he had never seen Toronto officers "kettle" peaceful protesters.

Steve Paikin, who hosts TVO's The Agenda, testified in a hearing for Supt. David (Mark) Fenton, the most senior police officer charged in the mass arrests during the meeting of global leaders.

Paikin told the judge that before the night of June 26, 2010, he had never seen police in riot gear box in protesters who didn't appear to threaten public safety.

"I've never seen this much riot gear, never seen the kind of hemming in that officers did this time," he said.

In the past, he said, police only intervened when protesters became "overly aggressive."

"Those were not the conditions on the night in question," he said, noting the crowd gathered outside a downtown hotel was sitting and chanting the words peaceful protest.

Fenton ordered officers to box in protesters in front of the hotel. More than 260 people were arrested and taken to a prisoner processing centre, which came under criticism for its deplorable conditions.

He has pleaded not guilty to a total of five charges of unlawful arrest and discreditable conduct arising out of two "kettling" incidents that occurred over the summit weekend,

THE CANADIAN PRESS

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Travel insurance

Lawyer says couple hit with $900K medical bill should consider not paying

A Saskatoon lawyer says a couple who were hit with $900,000 in medical bills after their baby arrived prematurely during a vacation in Hawaii should give serious consideration to simply not paying the bill.

Scott Stanley, a personal injury lawyer, says he has yet to see an American health authority come into Canada to enforce payment, though he adds that doesn't mean they won't.

Darren Kimmel and Jennifer Huculak say they thought they were well-covered with travel insurance they had purchased from Blue Cross, but when they filed their claim the company sent them a letter saying it had been rejected.

Even though her doctor had cleared her for travel, Blue Cross said Huculak had a pre-existing medical condition — she says it was a bladder infection that had caused some bleeding when she was at the four-month point — and noted their policy expired Nov. 9, 2013. When Huculak's water broke two days into their vacation, she ended up being airlifted to Honolulu and spent six weeks on bed rest before baby girl Reece was born nine weeks early via C-section.

Kimmel allows they had purchased only two weeks' worth of insurance, saying that's how long their vacation was supposed to last. Reece ended up having to stay in the neo-natal intensive care unit in Honolulu for two months.

"When an insurance company sees a bill this size, they're going to be extra-vigilant," said Steven Lewis, a policy consultant with Saskatoon Health.

Blue Cross has not commented publicly on the case. THE CANADIAN PRESS



They've been through a lot lately... and none of it of their own choosing.

In just one short year, the McNeil Government has managed to ram through:

- An Essential Services Agreement (Bill 37) that virtually eliminates the right to strike for workers in this sector – as well as every worker covered by the Departments of Health and Community Services (40,000 employees in total)
- A so-called 'Health Authorities Act' (Bill 1) that will force unionized workers into four new bargaining units of the government's choosing, while charging ahead with their plan to merge nine District Health Authorities into one

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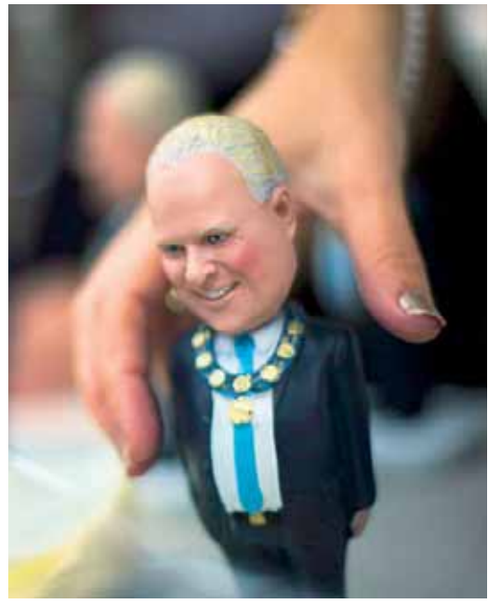
So during this difficult and challenging time, CUPE believes it's critical that we actually take some time to celebrate our health care workers.

Wouldn't it be nice if we had a government at Province House that could celebrate them too?

A message from CUPE Nova Scotia

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'Robbie Bobbies' for sale

The third edition of Toronto Mayor Rob Ford bobbleheads are sold at the mayor's mother's home in Toronto on Monday. Outgoing Toronto Mayor Rob Ford will be selling off the rest of his "Robbie Bobbie" bobble heads on Friday. Ford released a statement saying proceeds from the bobble heads will be going to the two hospitals that have been treating him for cancer over the past two months. MICHELLE SIU/THE CANADIAN PRESS

Bird deaths not oilsands firm's fault: Regulator

Northeast Alberta. 196 waterfowl birds died after landing in tailings ponds earlier this month

The Alberta Energy Regulator says three oilsands corporations did nothing wrong when 196 birds died after landing in wastewater tailings ponds in northeast Alberta earlier this month.

The regulator says Canadian Natural Resources Limited, Suncor Energy Inc. and Syncrude followed the rules that require them to use devices to scare waterfowl away from the ponds.

Ryan Bartlett, a spokesman for the regulator, says the birds still managed to land on the oily water on Nov. 4 due to bad weather in the area near Fort McMurray, including fog and heavy, wet snow.

The devices include noise makers and structures similar to scarecrows.

Syncrude, which operates one of the biggest oilsands sites, was fined $3 million for the deaths of more than 1,600 ducks when they landed on its tailings pond in 2008.

In October 2010, more than 550 birds had to be destroyed when an early winter storm forced the birds to land on the toxic waste ponds belonging to Syncrude and Suncor.

"The Alberta Energy Regulator has reviewed the recent waterfowl impacts in the Athabasca oilsands area and has determined that the oilsands mining operations involved were in full compliance with waterfowl protection equipment requirements at the time," Bartlett said Thursday.

Bartlett said the investigation is closed. THE CANADIAN PRESS

Quoted

"Unfortunately, the intense weather conditions on Nov. 4 forced the waterfowl to land on the ponds in spite of the deterrents."

Ryan Bartlett, spokesman for the Alberta Energy Regulator

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Supreme Court to hear case on Metis, non-status Indians

Landmark case.
The court's eventual decision could vastly extend government jurisdiction to more Aboriginal Peoples

The question of whether the federal government has the same responsibility to the country's Metis and non-status Indians as it does to status Indians and Inuit has fallen to the Supreme Court of Canada.

The eventual outcome of the case could vastly extend the federal government's jurisdiction to hundreds of thousands of Aboriginal Peoples.

Or it could overturn a historic victory.

Legal battle continues

The Supreme Court also gave the Metis National Council, which is a intervener to the case, more time to file its own response to the appeals.

- The council wanted the federal government to drop its appeal and start working out an agreement with the Metis people.

On Thursday, the Supreme Court agreed to hear appeals from both sides in a case started 15 years ago by Metis leader Harry Daniels. As usual, the court did not give reasons for its decision to hear the case.

The Congress of Aboriginal Peoples, along with several Metis and non-status Indians, took the federal government to court in 1999, alleging discrimination because they were not considered "Indians" under a section of the Constitution Act and thus have been denied rights.

Both the Metis and non-status Indians scored a major win last year when the Federal Court recognized them as "Indians" under a section of the Constitution.

The federal government appealed that ruling.

The Federal Court of Appeal upheld part of the decision.

"This is an important step in the long struggle begun by my predecessor..." National Chief Betty Ann Lavallee said.

THE CANADIAN PRESS



RCMP moves in on anti-pipeline protest

RCMP cops take a protester into custody at an anti-pipeline demonstration in Burnaby, B.C., on Thursday. A small group of protesters chanted as the Mounties moved to end the demonstration. JONATHAN HAYWARD/THE CANADIAN PRESS

Great Slave Lake

People on plane in forced landing rescued

RCMP say the pilot and passengers on a small plane that made a forced landing Thursday in bad weather on the ice of Great Slave Lake have been rescued.

Cpl. Todd Scaplen said the seven were flown out by helicopters and no one appeared to be seriously hurt.

"All of the passengers have been airlifted to Yellowknife," Scaplen said.

The military said the Air Tindi Cessna 208 Caravan declared an emergency Thursday morning when its engine quit in icy conditions after leaving Yellowknife for Fort Simpson.

The plane landed about 40 kilometres west of the city on the north arm of the lake.

Air Tindi praised the pilot and the first responders. THE CANADIAN PRESS

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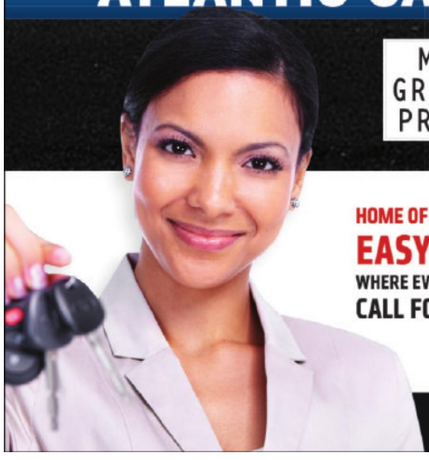
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17 Canadian veterans decorated with French Legion of Honour

Second World War. Some 600 Canadian vets will also be receiving the award this year for efforts in the liberation of France

Seventeen Second World War veterans in Montreal were awarded the French Legion of Honour on Thursday, including one who will turn 100 next year.

An emotional ceremony featuring the 17 was held in the presence of Philippe Zeller, the French ambassador to Canada, and deputy veterans affairs minister Walt Natynczyk.

Zeller described the award as an expression of France's wish to honour men who helped liberate the country during the war.



Veteran Allan Bolduc, 91, wipes away a tear after receiving the French Legion of Honour. RYAN REMIORZ/THE CANADIAN PRESS

The oldest of the honorees was 99-year-old John Stuart Hermon, whose accomplishments include running the Boston Marathon at the age of 78. For Hermon, the ceremony was a very touching experience. "It makes one think how precious families and relatives are," said the former captain in the Royal Canadian Artillery. THE CANADIAN PRESS

Our veterans praised by the French

The Legion of Honour was created by Napoleon Bonaparte in 1802.

- "We should all be very grateful for the efforts that have been made by all of the veterans who are not here and that their families will eventually appreciate just what sacrifices their relatives have made in the battle of Europe," said the oldest of the honorees, 99-year-old John Stuart Hermon.
- "The whole of France is grateful toward these brave veterans who, 70 years ago, fought on the beaches of Normandy, Provence or in the skies of France," said Philippe Zeller, the French ambassador to Canada.
- "These men are the last of the young heroes who put their lives on hold to fight a ruthless war against barbarism and Nazism," Zeller said.
- The 17 live at the Ste. Anne's Hospital for veterans in Sainte-Anne-de-Bellevue on the Island of Montreal. They are among some 600 Canadian veterans receiving the award this year.
- "In the moment of battle, your mind is concentrated on doing a job, the same as it is in civilian life," said John Stuart Hermon. He ran the Boston Marathon at 78.



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Obama's immigration plan orders 5 million spared from deportation

Battle heats up.
President spurns Republicans with expansive changes to immigration in the U.S.

President Barack Obama is ordering far-reaching changes to the U.S. immigration system that will protect nearly five million people from deportation, testing the limits of his presidential powers and inviting a showdown with newly emboldened Republicans.

In a televised address Thursday night, Obama described the most sweeping changes to fractured immigration laws in nearly three decades, saying his executive actions were a "common-sense" plan consistent with what previous presidents of both parties had done.

Immigrants living illegally in the United States would be saved from deportation by receiving work permits; millions more would remain in limbo.

Obama sought to break a stalemate in America's long-simmering debate over immigration by cutting out Congress, confronting Republicans who swept congressional elections earlier this month and ensuring that the contentious debate will carry on into the 2016 presidential campaign.

"To those members of Congress who question my authority to make our immigration system work better, or question the wisdom of me acting where Congress has failed, I have one answer: Pass a bill," Obama said.

Republicans, who take full control of Congress in January after capturing the Senate from Democrats, warned that Obama would face serious consequences for what they described as an unconstitutional power grab.

"The president will come to regret the chapter history writes if he does move forward," declared Sen. Mitch McConnell, the Republican who is soon to become the Senate majority leader, hours before Obama's speech.

Republicans were united in opposing his move but divided on how to respond. Lawmakers have raised options including lawsuits, a government shutdown and even impeachment. Party leaders are seeking to avoid a government shutdown, say such moves could backfire and anger voters ahead of the next presidential election in two years.

The White House says the president is exercising his executive authority to tackle immigration reform unilaterally, as Republicans Ronald Reagan and George H.W. Bush did before him.

THE ASSOCIATED PRESS



U.S. President Barack Obama. THE ASSOCIATED PRESS FILE

Obesity health costs $2 trillion annually worldwide



A new report reveals that the global cost of obesity is now at $2 trillion US annually. THE ASSOCIATED PRESS FILE

The global cost of obesity has risen to $2 trillion US annually — nearly as much as smoking or the combined impact of armed violence, war and terrorism, according to a new report released Thursday.

The McKinsey Global Institute consulting firm's report focused on the economics of obesity, putting it among the top three social programs generated by human beings. It puts its impact at 2.8 per cent of global gross domestic product.

"Obesity isn't just a health issue," one of the report's authors, Richard Dobbs, said in a podcast. "But it's a major economic and business challenge."

The company says 2.1 billion people — about 30 per cent of the global population — are overweight or obese and that about 15 per cent of health care costs in developed economies are driven by it.

In emerging markets, as countries get richer, the rate of obesity rises to the same level as that found in more developed countries. The report offers the stark prediction that nearly half the world's adult population will be overweight or obese by 2030 should present trends continue.

"We are on an unfortunate trajectory," Dobbs told The Associated Press. "We have to act."

The report's authors argue that efforts to deal with obesity have been piecemeal until now, and that a systemic response is needed.

McKinsey says there's no single or simple solution to the problem, but global disagreement on how to move forward is hurting progress. The analysis is meant to offer a starting point on the elements of a possible strategy.

THE ASSOCIATED PRESS







Florida State shooter believed government after him: Report

Conspiracy theories. Police have obtained a journal and videos of Myron May that detail his thoughts of being targeted for persecution



A Tallahassee police officer talks to several students outside the Strozier library on the Florida State University campus where a shooting occurred Thursday. The gunman was shot and killed by police officers. MARK WALLHEISER/THE ASSOCIATED PRESS

A Florida State University alumnus and attorney who shot three people at the school's library early Thursday believed the government was targeting him for persecution, detailing his thoughts in a journal and in videos detectives obtained, authorities said.

Officers fatally shot 31-year-old Myron May during an exchange outside the library at about 12:30 a.m.

May reloaded at least once and tried to enter the library, where 300 or more students were studying but was blocked by lobby security barriers that permit only students and staff inside, Tallahassee Police Chief Michael DeLeo said.

The shooting sent students scrambling for cover in the book aisles and barricading themselves in with desks amid screams from classmates.

One person is in critical condition and one is in good condition at a local hospital, while the third was released.

May's Facebook page shows he posted mostly Bible verses and links to conspiracy theories about the government reading people's minds.

According to a Las Cruces, New Mexico, police report last month, May was a subject of a harassment complaint after a former girlfriend called to report he came to her home uninvited and claimed police were bugging his house and car.

The report also said May recently quit his job and was on medication.

No charges were filed.

Abigail Taunton, who runs a foster home, told the Associated Press that May was staying at a guest house she owns. She said she had known him since he was about 14 and that he ran cross country with her kids and stayed at her house a lot.

She said he lived with his grandmother after coming out of a "bad situation" with his parents.

"My heart's broken. In a million years I wouldn't have thought he'd do something like this." THE ASSOCIATED PRESS

Swedish appeals court

Detention order for Assange remains

A Swedish appeals court upheld the detention order on Julian Assange on Thursday, dismissing a challenge by the WikiLeaks founder who is wanted by prosecutors in an investigation of alleged sex crimes.

Confirming a ruling by a lower court, the Svea appeals court said there is no reason to lift the detention order just because it can't be enforced at the moment.

Assange has avoided being extradited to Sweden by taking shelter in the Ecuadorean Embassy in London since 2012.

The court also criticized the prosecutors, who have declined Assange's offer to be questioned in London, for not considering "alternative avenues" to move the investigation forward.

Assange hasn't been formally indicted in Sweden, but is wanted for questioning by police about allegations of sexual misconduct and rape involving two women in 2010.

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Hacked videos posted to website

Online security. Russian hackers have targeted baby monitors, webcams and personal security cameras and uploaded the footage to a site


Russian hackers have targeted personal videos from several countries, including Canada, and then posted footage online. ISTOCK

For Russian hackers, it's as easy as 1-2-3-4.

That's among the simple manufacturer passwords that have been exploited to swipe personal video from computers in more than 100 countries, including Canada, and post the footage on a Russian website, according to Britain's information commission.

The hackers have been targeting baby monitors, webcams, and personal security cameras, uploading the footage to a site authorities have declined to identify for fear of driving traffic its way.

A child playing in Bucheon, South Korea, and an empty crib in Absecon, N.J. are among the video images that have appeared on the website, Britain's Information Commissioner's Office said Thursday.

The hackers have posted footage from bedrooms, office buildings, shops, laundromats, stables and barns, the agency said.

Canada's Privacy Commissioner could not immediately say how many Canadians have been targeted, or how they have been affected, but spokeswoman Anne-Marie Hayden said the commission was trying to get the hacked images taken off the website.

TORSTAR NEWS SERVICE/WITH FILES FROM THE ASSOCIATED PRESS

Hong Kong

Authorities in Hong Kong were the first to be alerted to the site, he added, before passing on what they knew to their Australian counterparts, who informed Canada's Privacy Commissioner.

- "It was initially Hong Kong — Hong Kong to Australia, Australia to Canada, Canada to ourselves and then America as well."
- British authorities think the site may be hosted by a company with ties to the U.S., and are working with officials in that country to confirm.

New search engine. Mozilla replaces Google with Yahoo

Yahoo will supplant Google's search engine on Firefox's Web browser in the U.S., signalling Yahoo's resolve to regain some of the ground that it has lost in the most lucrative part of the Internet's ad market.

The five-year alliance announced Wednesday will end a decade-old partnership in the U.S. between Google Inc. and the Mozilla Foundation, which oversees the Firefox browser. The tensions between Google and Mozilla had been rising since Google's introduction of the Chrome browser in 2008 began to undercut Firefox. Google's current contract with Mozilla expires at the end of this month, opening an opportunity for Yahoo to pounce.

Even though Chrome is now more widely used, Firefox still has a loyal audience that makes more than 100 billion worldwide search requests annually.

Yahoo is hoping to impress Firefox users as it sets out to prove that it's still adept at Internet search. The Sunnyvale, Calif., company leaned on Microsoft's technology for most of the results on its own website for the past four years.

Financial details of Yahoo's Firefox contract weren't disclosed. In a blog post, Mozilla CEO Chris Beard said the new deal offers "strong, improved economic terms" while allowing Mozilla "to innovate and advance our mission in ways that best serve our users and the Web."

THE ASSOCIATED PRESS

Market Minute

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VOICES

MEN'S RIGHTS ≠ MISOGYNY

In a country that often shines the spotlight on women's rights, is there a place for centres — like one opened this week in Toronto — dedicated to men's issues, or do their values run counter to feminism? Metro's Rosemary Westwood argues that gender rights can't exist without men in the conversation, even if they're advocating on their own behalf.



ROSEMARY WESTWOOD
Metro in Toronto

No good will come of using men as props in the fight for gender equality.

That's why the city — and country — needs a men's centre.

The new Canadian Centre for Men and Families — which offers workshops, support groups and counselling for boys, men and fathers — has been criticized for allegedly misrepresenting itself and holding anti-feminist views. But a men's centre of some kind could provide exactly what feminists and women's advocates have been calling for: more people of both genders taking responsibility for inequality and seeking solutions.

Yes, men still have many of the hallmarks of privilege. They make more money than women. They are vastly over-represented in politics and business. And yes, men are also in large part the perpetrators of violence (four times out of five, according to Statistics Canada).

But men are increasingly arguing that women aren't the only ones hurt by the gender divide. And they're right.

Current ideas of masculinity are toxic for both genders. The suicide rate for men is roughly three times that for women.

They face issues related to custody and divorce, as well as body image (boys as young as 10 are reportedly becoming obsessed with building muscles). Men are also about as likely as women to be the victims of violence.

And they can be victims of sexualized violence, too.

I'll even quote the infamous Warren Farrell, dubbed the father of the so-called men's rights movement, whose work is referenced by the Canadian Centre for Men and Families:

"We need to know not only why are our sons committing suicide, but also why are our sons much more likely to be the ones to shoot up schools?" he asked on NPR. "We're all in jeopardy if we don't pay attention to the cries of pain and isolation and alienation that are happening among our sons."

That's what makes groups such as WizeGuys so awesome. The sexual education group in Alberta sees men educating boys not just on their bodies, sexual health, and issues of consent, but also on how to build empathy and on "the connection between masculinity and male norms, sexuality and violence."

What if we had a national centre that housed the debate, research, policy-making and educational resources to open up that conversation?

Wouldn't that make men responsible for solutions to problems such as sexual violence — exactly what we feminists have been calling for?

Women's issues have (rightly) taken centre stage. But it's time to share the spotlight.



Fathers for Justice campaigners, dressed as Spider-Man and Batman, hold a sign saying "Stop War on Dads" on the roof of a politician's home in London, England. A new Canadian centre for men is trying to distance itself from more fringe elements in the men's rights movement. CATE GILLON/GETTY IMAGES

The other side

When the Canadian Centre for Men and Families opened in Toronto this week, it wasn't without controversy.

- Opponents worry groups like these bring together people with misogynistic beliefs who blame women and feminists for all of their problems.
- The Canadian Association for Equality (CAFE), for example, has been a magnet for controversy and a target for protest and criticism. It reached a peak in November 2012, when a talk by controversial author Warren Farrell was the scene of loud protests by about 100 people from feminist and left-wing groups.
- Critics have also accused the group of links to the website A Voice For Men, which is perceived as condoning violence. CAFE's director has denied any link.

Great expectations: When your tweets precede you



KATE CARRAWAY
Guest column

There's no better feeling than feeling known. It really is the warmest human pleasure, to be called out or identified or teased or even criticized in some way that demonstrates another person's sense of who — how — you are, for better or worse. "They just get me," we say about a new love or a friend or some other person who, not "as if" by magic, but really by magic, seems to understand us in the way we want and maybe even need to be understood.

That's why being known the wrong way is totally, singularly devastating: Being misunderstood by someone who thinks they really got it, but in fact was just making assumptions, or demonstrating their expectations, feels so much worse than being ignored.

It's so common, and so constant, though, because deciding that someone is some way based on a few easy, obvious, quick facts requires almost no effort of imagination or emotional labour.

I've found that acquaintances in real life and online — with good intentions and bad — feel just fine asking me way-too-personal questions because I'm a writer and have shared a lot about myself, both artificially and earnestly, in newspapers and magazines; it's as if I owe them some piece of my privacy.

I write often about relationships — but never mention who or if I'm dating — which has meant that readers assume it's chill to email me aggressively flirtatious stuff, because they assume I'm into it. (No.)

It's a particular kind of rudeness, really, that we just accept from each other, and it's actually getting to be a lot of people's problem, more and more, as social media establishes and asserts itself as a half-real part of our identities.

Using an online or social-media persona as a meaningful indication of someone else's life and brain and feelings is almost unavoidable — too easy, too obvious, too fast — when there is so much stuff there to go on, and so much of it apparently personal, apparently insistent. It's defensive, maybe: Let a Facebook page do the hard, confusing work of getting to know someone, of getting close, even if it means missing the point. See? Rude.

These great, stupid expectations are, more generally, life-ruiners: Almost every problem can be attributed to an assumption or an expectation, to thinking we're owed something, we deserve something, we're right about something. Or, someone. Being mistaken for the person I am in my writing or online has shown me on a near-constant basis how much people take for granted about each other, and in general.

As culture "flattens" beyond our obvious demographics and lifestyles, and our individual differences become more nuanced and acute, it should follow that we assume and expect less of each other, accept possibility and surprise, and let people reveal themselves slowly, subtly — and get to reveal ourselves, too.

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Games of prey go way back

Mockingjay, Part 1. Hunger Games' theme of humans hunting each other to entertain the rich and powerful is a well-worn premise in books and movies



Josh Hutcherson as Peeta and Jennifer Lawrence as Katniss star in Hunger Games: Mockingjay, Part 1. CONTRIBUTED

Since the release of the first Hunger Games novel in 2008, literary sleuths have picked it apart, searching for connections to other books and films.

The scrutiny increased when the first film in the tetralogy set records for the biggest opening weekend for a non-sequel in 2013, and continues unabated with the release of this weekend's The Hunger Games: Mockingjay, Part 1.

Based on Suzanne Collins's mega-successful series, the movies are set in a dystopian world ruled by a fascist-style president (Donald Sutherland) who presides over The Hunger Games, a televised battle-to-the-death between 24 young players, two from each of the country's districts, including Katniss Everdeen (Jennifer Lawrence) and Peeta Mellark (Josh Hutcherson).

The series draws on things we've seen before, in everything from the human sacrifices of Greek mythology or Survivor-style television shows to news stories of government corruption to create a world with its own rules, style and customs.

The most often-cited influence is Battle Royale, a 2000 Japanese movie based on a book by Koushun Takami. Like The Hunger Games, it's a story of school kids in a televised government-sanctioned death match.

Battle Royale's DVD box set even included a quote from a critic suggesting there'd be no Hunger Games without the Japanese film. "This is the movie that started it all," it reads.

Hunger fans were quick to point out differences in the two films.

The Japanese movie is about survival, they said, while Collins wrote about revolution. The author revealed her main influences were reality television and the Iraq war.

"I had never heard of that book or that author until my book was turned in," she told the New York Times.

It's worth noting that the idea of humans being preyed upon for the entertainment of the upper classes dates back at least as far as 1932's The Most Dangerous Game.

The story of a big-game hunter who tracks humans for sport on an isolated island is based on a Richard Connell short story that also loosely inspired episodes of everything from Gilligan's Island to Lost in Space.

Since then, Norman Jewison's Rollerball, Roger Corman's Deathrace 2000 (and its 2008 Jason Statham remake) and The Running Man have mined similar territory.

As for the author who wrote Battle Royale, he gave ABC News a very diplomatic answer when asked about the similarities between the two stories.

"I think every novel has something to offer," he said.

"If readers find value in either book, that's all an author can ask for."

In Review

RICHARD CROUSE



The Hunger Games: Mockingjay, Part 1

Directors. Francis Lawrence

Stars. Jennifer Lawrence, Josh Hutcherson

●●●●○

Mockingjay, Part 1 ups the stakes considerably from the last film in the series, putting several big ideas into motion. The cinematic world created in the first two movies is about to change in very dramatic ways, and this movie prepares viewers for the revolution that will try to unify the districts against the evil President Snow (Donald Sutherland). Katniss (Jennifer Lawrence) looks suitably concerned throughout and there are several effectively staged action scenes. But despite fine performances from Lawrence, Julianne Moore and Phillip Seymour Hoffman, and lessons in mass-produced anarchy, it occasionally feels padded, like a place holder for next year's series finale.



Joining the Hunger Games revolution

Katniss Everdeen now has lots of help in her quest to overthrow President Snow's corrupt government

REGAN REID
scene@metronews.ca

The last time we saw Katniss Everdeen, the bow-and-arrow-wielding hero of The Hunger Games, she had just escaped the Quarter Quell (a special anniversary edition of the Games that featured victors from previous years).

After destroying the Games arena and being airlifted to safety, Katniss learns that her mentor, Haymitch Abernathy, the Head Gamemaker, Plutarch Heavensbee, and many of her closest friends and allies have all helped orchestrate a plan to take down President Snow's government.

The leaders of this rebellion want her to be the poster child for the cause. In case she needs extra convincing, she's told that Peeta is imprisoned in the Capitol and that her home, District 12, has been destroyed by firebombs.

Needless to say, in The Hunger Games: Mockingjay, Part 1, Katniss is on the warpath. When she discovers that Peeta has been brainwashed to support the Capitol's fight against the rebels, this only fuels her desire to defeat President Snow once and for all. And this time, she'll have some help.

Here's a brief introduction to some of the new characters who will join Katniss and the rebellion.

President Alma Coin (Julianne Moore)

For those a little foggy on the history of Panem, the districts waged a war against the Capitol 75 years ago and lost. As punishment, District 13 was bombed into oblivion — or so we thought. As we learn at the end of Catching Fire, District 13 still exists, but its citizens now live deep underground. President Alma Coin is not only the leader of District 13 but also of the insurrection against the Capitol. Her subterranean facility serves as the rebels' home base. As her sleek grey hair, crisp grey uniform and cold grey eyes suggest, Coin is stern. She runs her district like a military boarding school. Its citizens adhere to strict schedules, have assigned daily duties, and train for future attacks. Coin is not to be messed with — something Katniss may soon figure out for herself.





Boggs (Mahershala Ali)

Boggs is President Coin's right-hand man. Like most District 13ers, he seems cold and robotic when we first meet him — but that's probably due to the years of rigorous training, controlled diet and an altogether dull lifestyle that's enforced by Coin's administration. When Katniss joins the rebellion, Boggs is assigned to be her personal bodyguard and we quickly learn that he's not so stiff. He's actually kind, smart and very protective of Katniss, all qualities that will probably be beneficial to her when they head into battle together.

Cressida (Natalie Dormer)

A native of the Capitol, Cressida is the director of a film crew assigned to follow Katniss, a.k.a. the Mockingjay, as they film propaganda to support the rebellion. As you can tell by her punk hairdo — half her head is shaved and tattooed with vines — Cressida is not frilly or delicate like most of her Capitol compatriots. She and her team will follow Katniss into war zones without blinking an eye. She's a true professional, always looking to get the best footage for her rebel employers, but she's also a firm believer in the cause. She tells Katniss early on that she wasn't poached by Plutarch to do a job, she chose to leave the Capitol and join the fight against Snow.



Shaving head liberating for Mockingjay role



Natalie Dormer. GETTY IMAGES

Natalie Dormer. GOT actress enjoys playing strong, complex female characters

Natalie Dormer says she would have shaved her entire head for a role in The Hunger Games: Mockingjay, Part 1.

Luckily, the Game of Thrones actress only had to buzz half her long locks to play Cressida in the film.

"It's funny how being an actor forces you to do things or go places that you wouldn't ordinarily," the 32-year-old actress said in a recent interview. "You learn something about yourself and ultimately I found it quite liberating, to be honest."

Dormer admitted she felt nervous about shaving half her head, but once she did it, she felt surprisingly free.

"Women have a lot of ... attitudes enforced in us about our sense of attractiveness being bound up in long, flowing, Hollywood kind of hair. So it's kind of liberating to play a woman who is all about her profession."

Cressida is a director who films Katniss Everdeen in an effort to encourage strength and morale among the rebels.

"The beauty of The Hunger Games, and also Game of Thrones, in fairness: Both projects have really complex, three-dimensional, contradictory, strong women ... the writing of female characters is extraordinary."

Dormer is known to fans as Margaery Tyrell, the politically cunning and ambitious wife of King Joffrey Baratheon. She also portrayed Anne Boleyn in The Tudors.

Quoted

"Courage is not the absence of fear, it's overcoming it."

Actress Natalie Dormer, on her femme fatale roles in Hunger Games and GOT

When asked why she is often cast as the femme fatale, Dormer isn't sure.

"For me, it's not necessarily interesting to play a strong, fearless woman. It's interesting to play a woman who is terrified and then overcomes that fear. It's about the journey. Courage is not the absence of fear, it's overcoming it," she said.

"Women are as complex, contradictory human beings as men are, and I know I'm a bundle of contradictions and have my good days and bad days. That's what I look for in a script: really interesting, ambiguous, ambivalent three-dimensional characters. Margaery certainly has that."

As for Cressida, Dormer said her character's motivations are unclear at the start of Mockingjay.

"Does she really believe in Katniss? Does it matter if she doesn't? She wants a revolution, but does she care about Katniss Everdeen? You watch her grow and learn things about herself and believe in Katniss. I think it's a brilliant journey." THE CANADIAN PRESS



Jennifer Lawrence plays Katniss Everdeen in the Hunger Games. CONTRIBUTED

A role model without ego, both on and off the screen

Jennifer Lawrence. Like her character, Hunger Games star remains humble about being in the spotlight

MATT PRIGGE
Metro World News in New York City

Jennifer Lawrence is an unusual kind of shy. She's clearly uncomfortable with praise, especially fake praise, and is the first person to make fun of herself. At the same time she's not hesitant, even enthusiastic, about sharing her self-deprecation.

It's a shtick, but a sincere shtick, if one she's gotten better at controlling.

But she can still be a loose cannon. One minute she'll be goofily oversharing about a time they shot a scene in a pretty meadow ("I got a selfie of me peeing in it!"). The next she's cryptically honest: "It's certainly a blessed life. But there are also sacrifices. I get to do what I love, but there's a downside to every job."

At a recent media event with other Hunger Games actors, Lawrence gets the most questions, even ones she's not totally comfortable fielding. She's asked about the politics of the series, especially the depiction of revolution from within the rebel bunker, led by the vaguely sinister President Coin.

"Katniss is representing the consequences of war," she says. "It's not that she doesn't believe in what President Coin wants. It's not that she doesn't believe the Capitol is a terrible government that's only good for the 1 per cent. But war is complicated. It affects everyone on both sides. There's no right way to start or end a war. I don't know."

Another cast member, Natalie Dormer, tries to summarize Lawrence's world view.

"Jen was saying that Katniss doesn't have any ego. Neither does Jennifer Lawrence," Dormer says. "Jen has a reputation as a role model. So does Katniss Everdeen. But (Lawrence) can't comment on that reputation herself, because by her very nature, she wouldn't."

Friends for real

Jennifer Lawrence says the Hunger Games cast and crew are like family, and her best friends are fellow stars Josh Hutcherson, who plays Peeta, and Liam Hemsworth, who plays Gale.

"I would never have expected to have a man this good-looking be my best friend," she says about Hemsworth. "He taught me how to be fair and to stand up for myself. My biggest weakness is negotiating with people. I'm a wimp about standing up for myself. He's really good at making sure everything stays fair. I used to let people walk all over me. He taught me to toughen up."



Remembering Mike Nichols

Mike Nichols — a director of matchless versatility who brought fierce wit, caustic social commentary and wicked absurdity to film, TV and stage hits — has died at 83. Married to ABC's Diane Sawyer, he started as a standup performer in a groundbreaking comedy duo with Elaine May, and went on to a career that spanned more than 50 years, winning an Academy Award, a Grammy and multiple Tony and Emmy honours. Nichols had a remarkable gift for mixing edgy humour and dusky drama. Here are five things he will be most remembered for:

THE ASSOCIATED PRESS



Angels in America

The 2003 TV miniseries adapted from the stage sensation, blended rich pathos and whimsy in its portrait of people coping with AIDS and looking to the heavens for compassion they found lacking in Ronald Reagan's 1980s America. Nichols won directing Emmys for Angels in America Parts 1 and 2.



Who's Afraid of Virginia Woolf

Nichols' 1966 film directing debut unforgettably captured the vicious yet sparkling and sly dialogue of Edward Albee's play, as a couple (Richard Burton and Elizabeth Taylor) torment each other over deep-seated guilt and resentment.



The Graduate

Nichols won the best-director Oscar for 1967's The Graduate, which co-starred Anne Bancroft as an aging temptress pursuing Dustin Hoffman, whose character responds with the celebrated line, "Mrs. Robinson, you're trying to seduce me."

Big-name collaborations

Nichols often collaborated with Jack Nicholson, Meryl Streep and Emma Thompson. Other stars who worked with Nichols included Al Pacino (Angels in America), Gene Hackman and Robin Williams (The Birdcage), Harrison Ford, Melanie Griffith and Sigourney Weaver (Working Girl) and Julia Roberts (Closer). In 2007, Nichols brought out Charlie Wilson's War, starring Tom Hanks and Julia Roberts.





His Broadway work

On Broadway, he won nine Tonys, for directing the plays Barefoot in the Park (1964), Luv and The Odd Couple (1965), Plaza Suite (1968), The Prisoner of Second Avenue (1972), The Real Thing (1984), and Arthur Miller's Death of a Salesman (2012). He has also won in other categories, for directing the musical Monty Python's Spamalot (2005), and for producing Annie (1977) and The Real Thing (1984).



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Comedy



Birdman

Director. Alejandro González Iñárritu

Stars. Michael Keaton, Lindsay Duncan

Birdman or The Unexpected Virtue Of Ignorance is a black comedy that tells the story of an actor (Michael Keaton) — famous for portraying an iconic superhero — as he struggles to mount a Broadway play. In the days leading up to opening night, he battles his ego and attempts to recover his family, his career, and himself.

Rotten Tomatoes™ score
Critics: 93% **Audience:** 92%

Drama



The Theory of Everything

Director. James Marsh

Stars. Eddie Redmayne, Felicity Jones

Starring Eddie Redmayne (Les Misérables) and Felicity Jones (The Amazing Spider-Man 2), this is the extraordinary story of one of the world's greatest living minds, the renowned astrophysicist Stephen Hawking, who falls deeply in love with fellow Cambridge student Jane Wilde.

Rotten Tomatoes™ score
Critics: 81% **Audience:** 83%

Drama



Rosewater

Director. Jon Stewart

Stars. Gael García Bernal, Kim Bodnia

Rosewater is based on The New York Times best-selling memoir Then They Came for Me: A Family's Story of Love, Captivity, and Survival, written by Maziar Bahari. The film marks the directorial debut of The Daily Show host Jon Stewart, and stars Gael García Bernal. Rosewater follows the Tehran-born Bahari, a broadcast journalist with Canadian citizenship.

Rotten Tomatoes™ score
Critics: 73% **Audience:** + 91%

Animation



Big Hero 6

Director. Don Hall, Chris Williams

Stars. Ryan Potter, Scott Adsit

With all the heart and humour audiences expect from Walt Disney Animation Studios, Big Hero 6 is an action-packed comedy-adventure about robotics prodigy Hiro Hamada, who learns to harness his genius-thanks to his brilliant brother Tadashi and their like-minded friends: adrenalin junkie Go Go Tamago, neatnik Wasabi, chemistry whiz Honey Lemon and fanboy Fred.

Rotten Tomatoes™ score
Critics: 88% **Audience:** 94%

Comedy



Dumb and Dumber To

Director. J.B. Rogers, Bobby Farrelly

Stars. Jim Carrey, Jeff Daniels

Jim Carrey and Jeff Daniels reprise their signature roles as Lloyd and Harry in the sequel to the smash hit that took the physical comedy and kicked it in the nuts: Dumb and Dumber To. The original film's directors, Peter and Bobby Farrelly, take Lloyd and Harry on a road trip to find a child Harry never knew he had.

Rotten Tomatoes™ score
Critics: 24% **Audience:** 56%

Sci-Fi & Adventure



Interstellar

Director. Christopher Nolan

Stars. Matthew McConaughey, Anne Hathaway, Jessica Chastain

With our time on Earth coming to an end, a team of explorers undertakes the most important mission in human history; travelling beyond this galaxy to discover whether mankind has a future among the stars.

Rotten Tomatoes™ score
Critics: 74% **Audience:** + 99%

It was a cruel summer at the box office — but why?

Ticket sales. Record-low revenues have been blamed on fewer big films, binge-watching TV

RICHARD CROUSE
scene@metronews.ca

Words like "disappointing" and "dismal" among others beginning with the letter "d" have been used to describe the summer's box office yield.

In movieland, the summer season is defined as the first Friday in May through Labour Day Weekend, a period that, this passed summer, saw box office revenues fall to an eight-year low, down 15 per cent from 2013, according to recently released stats.

There were some very big hits — Guardians of the Galaxy, and Transformers: Age of Extinction — but even their multi-million dollar grosses weren't enough to compete with last year's $4.75 billion overall take.

"We've seen this before," says Michael Kennedy, executive vice president, filmed entertainment at Cineplex. "Right now, everybody's binging. After a while they will get tired of binge-watching TV and say, 'I'm really tired of being in my house. I want to go out.'"

Kennedy adds that the summer slump could also be attributed to several high-profile absences.

"Pixar was originally scheduled to go in the summer with a film that got moved back, and Fast and Furious was supposed to go but after Paul Walker's accident they moved the movie back and nobody replaced it. One or two movies move and millions disappear."

So how does it work? How do studios and distributors determine a release schedule? Danish Vahidy, Mongrel Media's director of marketing, says studios put "down the tent pole for flagship properties one, two or sometimes three years in advance. With the success of sequels, studios feel more secure planning in advance for franchises rather than an unknown entity."

That means the wannabe blockbusters from this summer — the X-Men, Godzilla and Teenage Mutant Ninja Turtles et al — probably had release dates attached to them before Prince William walked Catherine Middleton down the aisle.



Despite some massive openings, this summer saw box-office ticket sales tumble to an eight-year low. ISTOCK

Kennedy says counterprogramming is one of the keys.

"They look at what everybody else does and if they see a Fast and Furious sitting on the second week of July and they have an action movie, they're staying away from that weekend."

Mongrel Media took a risk and counterprogrammed a movie that went on to become one of their biggest hits of the summer. "Boyhood was released in July as the summertime nicely captured the notion of childhood set in the film," Vahidy says.

"It was also a great way to counter program with the Hollywood blockbusters and offer movie goers a smart original film as an option."

The critically acclaimed film was aimed at a different audience than the other two big releases that week, Disney's kid friendly Planes and the raunchy Cameron Diaz comedy Sex Tape.

"That move paid off for us as Boyhood is one of our most successful releases ever with a theatrical box-office of over $2.3 million in Canada and growing."

So why didn't it work for the big releases this summer? Suggested reasons for the downturn range from a lack of family movies, which traditionally pull in big numbers, too many sequels and superhero movies and even divided attention from the World Cup.

Kennedy adds one more reason: "Everybody has busy lives," he says.

"The one thing we've always found is that people always come back. It's not the price of the movie ticket or the popcorn — it's putting aside the time to go. People want to go out and we offer the most affordable out-of-home experience there is."

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The Best of Me (PG) Fri-Sat 12:45-3:30-6:15-9:15 Sun 12:45-3:30-6:15 Mon-Wed 12:45-3:30-6:15-9:15 Thu 12:45-3:30-9:45, Big Hero 6 (G) Fri 11:50-2:20 Sat 11:10-11:50-2:20 Sun-Tue 11:50-2:20, Big Hero 6 3D (G) Fri-Sat 1:20-4-6:45-9:45 Sun 1:20-3:55-6:30-9:45 Mon-Thu 1:20-4-6:45-9:45

Birdman or (The Unexpected Virtue of Ignorance) (STC) Fri-Thu 12:25-3:20-6:20-9:30, Dumb and Dumber To (PG) Fri 11:35-1:50-2:15-4:25-5-7-7:50-9:50-10:35 Sat 1:50-2:15-4:25-5-7-7:50-9:50-10:35 Sun-Thu 11:35-1:50-2:15-4:25-5-7-7:50-9:50-10:35 Fury (14) Fri-Thu 12:55-4:05-7:30-10:25

Gone Girl (STC) Fri-Thu 11:45-2:55-6:05-9:35 Horrible Bosses 2 (STC) Wed-Thu 11:50-2:20-4:50-7:20-10

The Hunger Games: Mockingjay, Part 1 (PG) Fri 11:40-12:10-12:40-1:10-1:40-2:10-2:40-3:10-3:40-4:10-4:40-5:10-5:40-6:10-6:40-7:10-7:40-8:10-8:40-9:10-9:40-10:10-10:40 Sat 11:20-11:40-12:10-12:40-1:10-1:40-2:10-2:40-3:10-3:40-4:10-4:40-5:10-5:40-6:10-6:40-7:10-7:40-8:10-8:40-9:10-9:40-10:10-10:40 Sun-Tue 11:40-12:10-12:40-1:10-1:40-2:10-2:40-3:10-3:40-4:10-4:40-5:10-5:40-6:10-6:40-7:10-7:40-8:10-8:40-9:10-9:40-10:10-10:40 Wed-Thu 11:40-12:10-12:40-1:10-2:10-2:40-3:10-3:40-4:10-5:10-5:40-6:10-6:40-7:10-8:10-8:40-9:10-9:40-10:10 Star & Strollers Screening, Wed 11

Interstellar (PG) Fri-Tue 5:15-9

Interstellar: The IMAX Experience (PG) Fri-Thu 11:30-3-6:30-10

Madagascar 3: Europe's Most Wanted (G) Sat 11, Penguins of Madagascar (STC) Wed-Thu 1:30

Penguins of Madagascar 3D (STC) Wed-Thu 4:15-7-9:30

St. Vincent (PG) Fri-Thu 12:30-3:05-5:30-8-10:30 Star & Strollers Screening Wed 11, WWE Survivor Series - 2014 (STC) Sun 9

Oxford Theatre, 6408 Quinpool

Whiplash (STC) Fri 7-9:30 Sat-Sun 4:15-7-9:30 Mon-Thu 7-9:30

Park Lane 5657 Spring Garden Rd.

Big Hero 6 (G) Fri 12:40-3:15 Sun 4:15 Mon 3:50, Big Hero 6 3D (G) Fri-Sat 7:10-9:50 Sun 6:50-9:35 Mon 9:50 Tue 7:10-9:50 Wed-Thu 3:50-6:50-9:35

Dumb and Dumber To (PG) Fri-Sat 1:20-4:10-7:20-10:10 Sun 1:20-4:10-7:20-10 Mon 4:10-7:20-9:55 Tue 4-7:20-10:10 Wed-Thu 4:30-7:20-9:50

Heartbeat (STC) Fri-Sat 1:10-3:40-6:40-9:20 Sun 1:10-3:40-6:40-9:10 Mon 3:40-6:40-9:15 Tue 3:20-6:40-9:10 Wed-Thu 3:40-6:40-9:15

Horrible Bosses 2 (STC) Wed-Thu 4:20-7-9:40

The Hunger Games: Mockingjay, Part 1 (PG) Fri-Sat 12:30-1-1:30-3:30-4-4:30-6:30-7-7:35-9:25-10-10:25 Sun 12:30-1-1:30-3:30-4-4:30-6:30-7-7:30-9:20-9:45-10:10 Mon 3:30-4-4:25-6:30-7-7:30-9:20-9:45-10:10 Tue 3-3:45-4:15-6:30-7-7:35-9:25-10-10:25 Wed-Thu 3:30-4:10-6:30-7:10-9:20-10

Interstellar (PG) Fri-Sat 1:45-6:15-9:45 Sun 1:45-7:40 Mon 4:15-7:45 Tue 2:45-6:15-9:45 Wed-Thu 4-7:30

The Metropolitan Opera: Il Barbiere Di Siviglia (STC) Sat 1:55

National Theater Live: Of Mice and Men - Encore (STC) Sun 12:55 Mon 7

The Theory of Everything (STC) Fri-Sat 12:45-3:45-6:45-9:40 Sun 12:45-3:45-6:45-9:30 Mon 3:45-6:45-9:30 Tue 3:30-6:45-9:35 Wed-Thu 3:45-6:45-9:30

Lower Sackville 760 Sackville Dr.

Big Hero 6 (G) Sat 11:30-2:15 Sun 2:15

Big Hero 6 3D (G) Fri-Thu 6:45-9:25

Dumb and Dumber To (PG) Fri 7:15-9:55 Sat 3-7:15-9:55 Sun 3-7:10-9:50 Mon 7:10-9:50 Tue 7:15-9:55 Wed-Thu 6:50-9:25, Horrible Bosses 2 (STC) Wed-Thu 7:20-9:50, The Hunger Games: Mockingjay, Part 1 (PG) Fri 6:30-7-7:30-9:15-9:50-10:15 Sat 12-2:45-3:30-4-6:30-7-7:30-9:15-9:50-10:15 Sun 2:45-3:30-4-6:30-7-7:15-9:15-9:45-10 Mon 6:30-7-7:15-9:15-9:45-10 Tue 6:30-7-7:30-9:15-9:50-10:15 Wed-Thu 6:30-7-9:15-9:45, Interstellar (PG) Fri 6:15-9:45 Sat 2-6:15-9:45 Sun 2-8 Mon 8 Tue 6:15-9:45 Wed-Thu 8

Madagascar 3: Europe's Most Wanted (G) Sat 11

Penguins of Madagascar 3D (STC) Wed-Thu 7:15-9:30

St. Vincent (PG) Fri 7:10-9:35 Sat 3:15-7:10-9:35 Sun 3:15-6:50-9:15 Mon 6:50-9:15 Tue 7:10-9:35

Dartmouth Crossing 145 Shubie Dr.

Big Hero 6 (G) Fri-Tue 12:15-3

Big Hero 6 3D (G) Fri-Thu 12:40-3:45-6:30-9:30, Dumb and Dumber To (PG) Fri 1-3:40-7:30-10 Sat 11:15-3:40-7:30-10 Sun 1-3:40-6:15-10:45 Mon-Tue 1-3:40-7:30-10 Wed 2-4:40-7:40-10:20 Star & Strollers Screening Wed 11 Thu 1-3:40-7:40-10:20

Fury (14) Fri 12:30-4-7:10-10:10 Sat 7:10-10:10 Sun 12:30-4:15-7:10-10:10 Mon-Wed 12:30-4-7:10-10:10 Thu 4-7:10-10:10, Gone Girl (STC) Fri-Sat 12:15-3:30-6:45-10:05 Sun 3:30-6:45-10:05 Mon-Thu 12:15-3:30-6:45-10:05

Horrible Bosses 2 (STC) Wed 1:50-4:15-7:30-10:30 Thu 1:30-4:30-7:30-10:30, The Hunger Games: Mockingjay, Part 1 (PG) Fri 11:50-12:20-12:50-1:20-1:55-2:50-3:20-3:50-4:20-4:50-5:50-6:20-6:50-7:20-7:45-8:50-9:20-9:50-10:20-10:40 Sat 11-11:50-12:20-12:50-1:20-1:55-2:50-3:20-3:50-4:20-4:50-5:50-6:20-6:50-7:20-7:45-8:50-9:20-9:50-10:20-10:40 Sun 11:50-12:20-12:50-1:20-1:55-2:50-3:20-3:50-4:20-4:50-5:50-6:20-6:50-7:20-7:45-8:50-9:20-9:50-10:20-10:40 Mon-Tue 11:50-12:20-12:50-1:15-1:40-2:50-3:20-3:50-4:15-4:40-5:50-6:20-6:50-7:15-7:40-8:50-9:20-9:50-10:15-10:40 Wed 11:50-12:20-12:50-2:50-3:20-3:50-5:50-6:20-6:50-8:50-9:20-9:50 Wed 1:15-4:15-7:15-10:15 Star & Strollers Screening, Wed 11 Thu 11:50-12:20-12:50-1:15-2:50-3:20-3:50-4:15-5:50-6:20-6:50-7:15-8:50-9:20-9:50-10:15

Interstellar (PG) Fri-Sat 11:55-3:30-6:15-7:15-9:55-10:25 Sun 11:55-3:30-6:15-7:15-9:55 Mon-Tue 11:55-3:30-6:15-7-9:15-9:55 Wed-Thu 11:55-3:30-7-9:15

Madagascar 3: Europe's Most Wanted (G) Sat 11, The Metropolitan Opera: Il Barbiere Di Siviglia (STC) Sat 1:55

National Theater Live: Of Mice and Men - Encore (STC) Sun 12:55

Penguins of Madagascar (STC) Wed-Thu 12, Penguins of Madagascar 3D (STC) Wed-Thu 2:30-4:45-7-9:15

St. Vincent (PG) Fri-Sun 12:10-2:50-6:40-9:10 Mon-Tue 12:10-3:10-6:40-10:30 Wed 6:40-10:30 Thu 12:10-3:10-6:40-10:30, WWE Survivor Series - 2014 (STC) Sun 9

Truro, 20 Treaty Trail, Millbrook

Big Hero 6 (G) Sat-Sun 3:10

Big Hero 6 3D (G) Fri-Tue 7-9:40 Wed-Thu 6:50-9:30, Dumb and Dumber To (PG) Fri 7:10-9:45 Sat 2:50-7:10-9:45 Sun 2:50-7:05-9:40 Mon-Thu 7:10-9:45

Horrible Bosses 2 (STC) Wed-Thu 7-9:35, The Hunger Games: Mockingjay, Part 1 (PG) Fri 6:30-6:45-7:30-9:15-9:30-10:15 Sat 2:30-3-3:30-6:30-6:45-7:30-9:15-9:30-10:15 Sun 2:30-3-3:30-6:25-6:45-7:25-9:10-9:30-10:10 Mon-Tue 6:30-6:45-7:30-9:15-9:30-10:15 Wed-Thu 6:30-7:30-9:15-10:15, Interstellar (PG) Fri 6:15-9:50 Sat 2:40-6:15-9:50 Sun 2:40-8 Mon 8 Tue 6:15-9:50 Wed-Thu 8

The Metropolitan Opera: Il Barbiere Di Siviglia (STC) Sat 1:55

Penguins of Madagascar 3D (STC) Wed-Thu 6:40-9, St. Vincent (PG) Fri-Sat 6:40-9:05 Sun 3:20-6:35-9 Mon-Tue 6:40-9:05

Bridgewater 349 Lahave St.

Big Hero 6 (G) Sat-Sun 3

Big Hero 6 3D (G) Fri-Sat 6:15-9 Sun 6:10-8:45 Mon 6:10-8:50 Tue 6:30-9:15 Wed-Thu 6:10-8:50

Dumb and Dumber To (PG) Fri 7:15-9:55 Sat 3:30-7:15-9:55 Sun 3:30-6:20-8:55 Mon 6:50-9:20 Tue 7:15-9:50 Wed-Thu 6:50-9:20

Horrible Bosses 2 (STC) Wed-Thu 7-9:30, The Hunger Games: Mockingjay, Part 1 (PG) Fri 6:30-7-9:20-9:50 Sat 2:40-3:10-6:30-7-9:20-9:50 Sun 2:40-3:10-6-6:30-8:50-9:15 Mon 6-6:30-8:45-9:15 Tue 6-6:45-9-9:40 Wed-Thu 6-6:30-8:45-9:15

Interstellar (PG) Fri 6-9:30 Sat 2:30-6-9:30 Sun 2:30-7:30 Mon 7:30 Tue 6:15-9:30, My Old Lady (STC) Fri 6:45-9:15 Sat 2:50-6:45-9:15 Sun 2:50-6:40-9:10 Mon 6:20-8:55 Tue 7-9:45 Wed-Thu 6:20-8:55, National Theater Live: Of Mice and Men - Encore (STC) Sun 12:55, Penguins of Madagascar 3D (STC) Wed-Thu 6:40-9

St. Vincent (PG) Fri 7:30-10 Sat 3:20-7:30-10 Sun 4:10-6:50-9:20 Mon 6:40-9:10 Tue 7:30-9:55







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Sound Check

ALAN CROSS



3 songs for the weekend

AC/DC prove age is no obstacle, a cartoon-voice guy revamps All About That Bass, and Play-N-Skillz manage to offend just about everyone

See that symbol? It means you can scan this image with your Metro News app to listen to Alan's recommended songs this week.



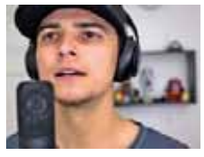
Literally I Can't/ Play-N-Skillz

Forget about this song and video being politically incorrect when it comes to treatment and harassment of women: It's downright offensive to both genders. I can't believe anyone would make something like this today. Behold its NSFW-ish-ness.



Play Ball/ AC/DC

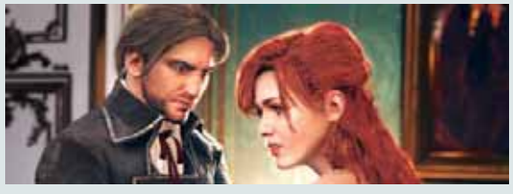
One of the charms of AC/DC is that they're utterly timeless. This song and video could be from anytime between 1980 and today. And at 59, Angus Young can still rock the short pants.



All About That Bass/Mikey Bolts

Sick of Meghan Trainor's ubiquitous hit? What if it were covered by characters from Family Guy and King of the Hill?

Video game review



Name. Assassin's Creed: Unity

For. Xbox One/PS4/PC

Rated. Mature 17+

Having reached the French Revolution, Assassin's Creed has grown into an ungainly catalogue of add-ons, online modes, alternate tasks and frivolous customizations, all competing for your attention through annoying notifications and a map ridiculously overloaded by symbols. It's hard to solve a murder mystery when there's an online player soliciting you from within the crime scene. If you can filter through the noise, you'll find an engaging co-op romance between factions, sly adventures in the Parisian sewers, and some very charismatic fun with instigator and mischief-maker the Marquis de Sade. **KRIS ABEL**

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A beautiful weather app built around a live, 3D simulation of the Earth that displays weather forecasts and storm warnings along with cloud patterns taken from satellites every three hours.



Johnny Rotten ALL PHOTOS: GETTY IMAGES

Johnny spoils himself Rotten with iPad apps

Former Sex Pistols frontman John Lydon — or, you know, Johnny Rotten — has some serious impulse control issues, which isn't that surprising. What is surprising is that he's been unable to curb a crippling appetite for iPad in-app purchases. No, really. "I wasted — you're the first to know this — 10,000 f–ing pounds in the last two years on apps on my iPad," he tells the Telegraph. (By the way, by current exchange rates 10,000 f–ing pounds translates to about 15,600 f–ing dollars.) "I got into Game of Thrones, Game of War, Real Racing, and I just wanted to up the ante," he says. "And like an idiot I didn't check myself. I've been checked now. But there's a kid in me, see? A bit of my childhood was taken from me and I'm determined to bring it back." At whatever cost, apparently.

Reese riled over rude remarks regarding Renée

Reese Witherspoon has some opinions about the recent attention Renée Zellweger's received — very, very strong opinions, as it turns out. "It's horrible. It's cruel and rude and disrespectful. I can go on and on. It bothers me immensely," she tells the Hollywood Reporter. "Why do they have to tear women down? And why do we have to tear other women down to build another woman up? It drives me crazy. Like, this one looks great without her makeup but that one doesn't look good without her makeup, and it's all just a judgment and assault that I don't — look, men are prey to it as well. I just don't think it's with the same sort of ferocity."



Reese Witherspoon

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Did Chris take sloppy seconds over Sexiest Man Alive title?



NED EHRBAR
Metro in Hollywood

It's Sexiest Man Alive season, which means one of the best Hollywood rumours is getting trotted out again: Ryan Gosling, everyone's favourite Canadian with a Brooklyn accent, reportedly turned down People magazine's offer of the heady title — multiple times.

"They tried a few times, especially during his huge year in 2011," a source tells the Wrap. "The consensus was he's too serious for it, too artsy." I was going to say too bashful, but sure.

People's editorial director, Jess Cagle, for what it's worth, insists that there was no turning down by the Goose for this go round, at least. "While I look forward to the day when Ryan Gosling is named Sexiest Man Alive, this was not his year," Cagle says.

"Our 2014 honoree Chris Hemsworth was our first and only choice. If you want to know why, just look at him. I mean, seriously."



Ariana Grande

Ariana says she's no diva, so what's up with poshest dressing room rider?

Ariana Grande has been making a point of saying she isn't a diva, despite rumours to the contrary. "There's a difference between being determined and being a bitch," she's insisted recently. And while I'm all for a semantics argument about how a diva and a bitch aren't the same thing, some of Grande's past contractual demands are surfacing to undermine her argument. Life & Style has obtained a contract for Grande's time on the Nickelodeon show Victorious that required the show to provide her with a dressing room superior to all other cast members save for series star Victoria Justice. It's kind of tough to claim reports of your diva-ness are exaggerated when you're worried about Leon Thomas III having a nicer place to nap between scenes than you.

Twitter



@Rosie
I Warned You About Bill Cosby in 2007



@_juliannemoore
So very sad to hear of Mike Nichols death. A great talent, a wonderful, bright, charming human being.



@rickygervais
Remember, we don't stop playing because we grow old, we grow old because we stop playing. Have a fun day.







Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

Slurp on the rustic side

Soup Week. We wrap up a week of brothy delights with this Chicken and Corn Chowder in Squash



RICARDO COOKS
Chef Ricardo
Ricardo Magazine

A warm, comforting bowl of soup is one of the best things to warm up to on a chilly day and it's also a great way to enjoy the last crop of the season.

This chowder is a beautiful ways to showcase in-season squash.



This recipe serves four. COURTESY RICARDOCUISINE.COM

Ingredients

Bowls (squash halves)
- 2 buttercup squash, about 3 1/2 lb (1.6 kg) each, stem removed
- 2 tbsp (30 ml) olive oil
- 1 tbsp (15 ml) balsamic vinegar
- Salt and pepper
- 8 slices bacon

Chicken and Corn Chowder
- 1 onion, chopped
- 2 stalks celery, thinly sliced
- 1/4 cup (60 ml) butter
- 2 skinless and boneless chicken breast halves, cut into cubes
- 1 clove garlic, finely chopped
- 6 tbsp (90 ml) all-purpose flour
- 4 cups (1 litre) chicken broth
- 1 1/2 cups (375 ml) potatoes, peeled and diced
- 1 cup (250 ml) 35% cream
- 1 cup (250 ml) corn kernels, fresh or frozen
- 1/2 cup (125 ml) chopped parsley

Bowls (squash halves)

1. With the rack in the middle position, preheat the oven to 350 F (180 C).

2. Cut each squash in half horizontally to form four bowls. With a spoon, scrape out the seeds until the inner surface is smooth. If the top of the squash is shallower, scrape off more flesh. With a knife, score the flesh in a crisscross manner every 1 inch (2.5 cm) without piercing the skin.

3. Brush with the oil and vinegar. Season with salt and pepper. Place 2 slices of bacon into each squash half. Place on a baking sheet. Bake for about 1 hour and 30 minutes or until the flesh is tender and the bacon is crispy. Remove the bacon and keep aside.

Chicken and Corn Chowder

1. In a saucepan, brown the onion and celery in the butter. Add the chicken and sauté until golden brown. Add the garlic and cook for 1 minute. Sprinkle with the flour and cook for 1 minute, stirring constantly.

2. Add broth, potatoes and cream. Bring to boil, stirring continuously. Simmer gently 15 minutes or until the potatoes are tender. Add corn and cook 5 minutes. Add the parsley and adjust the seasoning.

3. Ladle the chowder into the squash and garnish with the bacon slices.

FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S ENGLISH EDITION, WHICH LAUNCHED THIS SEPTEMBER!

Liquid Assets

A fine wine balance



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I come from the Maritimes, so I know my way around a bowl of chowder.

That said, what I love about Ricardo's chicken and corn interpretation is that there isn't a bowl, or, at least not one you'll need to put in the dishwasher.

Serving this chunky wonder from a half shell of rustic squash is more than inspired, it supports the recipe's initial burst of buttery, corn-forward sweetness and makes it ripe for a white wine match.

I know what you're thinking: Vegetables and wine can be a marriage made in Kardashian-land. Here they're a perfect foil for Chardonnay.

Though much maligned by the current crop of Internet-fed wine aficionados, Chardonnay is a multifaceted grape that gets its oak on in some wines, while putting round creamy fruit in the game in others.

While it may sound corny, J. Lohr Estates' 2012 Riverstone Chardonnay ($18.95 - $23.99) from California balances both the wood and fruit elements, making it a fine partner for this week's dish.



PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Ready to take the plunge? Refinish your old bathtub

DIY. Paint that tired tub, then add a few spa-like accessories and soak up the new vibe

Bathrooms might not always be the most welcoming space in a home, but they're among the rooms we use every day. Which means they can start to show wear and tear more quickly than expected.

The bathtub is one area that can begin to rust, crack or mould. With a little help and fixing-up, your tub can look better than ever.

Here are some tips on how to upgrade and transform the bath area into a relaxing space to escape cold winter weather.

More bathroom projects

For more bathroom renovation projects, catch all new back-to-back episode of Bath Crashers Wednesdays at 9 p.m. ET on DIY Network Canada.



Repaint that worn-out tub; then reward yourself with a candlelit bath. ISTOCK

Making the upgrade

To avoid the expensive costs of replacing a tub, re-painting it is a quick fix at an affordable price.

First, purchase bathtub paint or a tub/tile refinishing kit from a local hardware store. Next, make sure to remove all excess debris in and around the tub. Proceed to give it a good scrub with a bleach-based product to help remove any grime or gloss. Once clean, sand down the tub with 400-600 grit wet/dry sandpaper and rinse away the dirt as you work.

Before going any further, make sure to have a respiratory mask, chemical goggles, and gloves to remain protected from the fumes. The products are extremely strong, so be sure to turn on the vent in the washroom, place a fan near the door and open windows throughout the home.

Apply two to three smooth, thin coats of paint and allow approximately one to two hours for drying. The paint gets very sticky, so try to apply it quickly. Let everything dry and remember not to use the bath at any point during the process.

Glam it up

Once the heavy duty work is complete, complement the new tub with other decorative elements. Replace the shower rod with a new one or repaint the existing one for a fresh look. Select a funky shower curtain to incorporate some colour into the bathroom. Add candles or flowers to the surrounding area to give it a spa-like feel or display bath salts in glass jars.

Finally, consider upgrading the shower head or the faucet for a sharper look.

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Mooseheads goaltender Zachary Fucale made 40 saves in Team QMJHL's 3-1 win over Russia, in Game 5 of the Subway Super Series on Tuesday. He returns to the Herd line-up this weekend and will start Saturday night against the Rimouski Océanic. VINCENT ÉTHIER/COURTESY QMJHL

Herd get Fucale back after Super success

Hockey. Goalie set to start for Mooseheads after 40-save performance for Team QMJHL against Russia



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

Zachary Fucale should be feeling fairly confident when he steps back into the Halifax Mooseheads crease Saturday.

The 19-year-old netminder will start Saturday night at home against the Rimouski Océanic, after making an impressive 40 saves earlier this week while representing Team QMJHL in the Subway Super Series.

Fucale led the 'Q' to a 3-1 win over the Russian national junior team Tuesday night at K.C. Irving Regional Centre in Bathurst, N.B.

"He was solid," Herd head coach Dominique Ducharme said Thursday of his go-to goalie's performance between the posts in Game 5 of the six-game series, which ran Nov. 10-20 across the country.

"It's good for him, personally," Ducharme said of possibility of the six-foot-two, 180-pound Fucale reclaiming a roster spot on Canada's world junior team with the win.

"And it's only positive for us, because he's only going to come back with plenty of confidence," he said. "I was really pleased to see him have that kind of game."

Russia claimed the final game 3-2 over Team QMJHL on Thursday night in Rimouski, winning the series 4-2 to defend bragging rights.

The Fucale boost comes just in time for what will be a big game for the Moose. The Océanic (17-6-1-1) are ranked No. 6 in the CHL, the top Q-team at this week.

The Mooseheads (9-12-2-1) are currently in fourth in the QMJHL's Maritimes Division and Fucale has seemed shaky at times, despite a successful Montreal Canadiens training camp. He's expected to arrive back in Halifax on Friday.

"The guys are aware it's going to be a good challenge this weekend," Ducharme said. "We need to be our best."

The puck drops on Mooseheads-Océanic at 7 p.m. Saturday at the Scotiabank Centre.

The Herd also host the Moncton Wildcats on Sunday starting at 4 p.m. The last time those teams two met, Moncton edged Halifax 5-4 in overtime. The Wildcats lead the Maritimes Division.

"We need to play a complete game," Ducharme said.

Roster update

With the absence of forwards Brett Crossley (concussion) and Ryan Falkenham (lower body) due to long-term injuries, Herd head coach Dominque Ducharme said left-winger Brandon Vuic is likely to play this weekend, after being listed as a healthy scratch last weekend.

- Vuic is facing impaired driving charges and related drug offences stemming from an Oct. 7 incident in Dartmouth.

AUS men's hockey

Huskies, Tigers look to keep good time rolling

The Saint Mary's Huskies and Dalhousie Tigers both look to extend winning streaks in Atlantic University Sport men's hockey action this weekend.

The Huskies host the UNB Varsity Reds on Friday night and the Moncton Aigles Bleus on Saturday evening, after seven victories between Oct. 25 and Nov. 15.

The Tigers hope to make it three straight on the road Friday in Fredericton against the St. Thomas Tommies. They then travel to Charlottetown on Saturday to play the UPEI Panthers.

Saint Mary's is currently first in the AUS standings, while Dalhousie is second from last, in seventh place.

METRO

AUS women's hockey

Standings shuffle on the table for Huskies, Tigers

The Saint Mary's Huskies and Dalhousie Tigers are just one point apart in Atlantic University Sport women's hockey standings as the two Halifax teams head into weekend play.

Saint Mary's is in fourth place with a 4-6-1 record and nine points. Dalhousie is in fifth place with a 4-7-0 record and eight points.

The Huskies host the St. Francis Xavier X-Women at 2 p.m. and the Tigers travel to Charlottetown take on the UPEI Panthers at 7 p.m., with both games on Sunday.

METRO

Canada Winter Games. MacKinnon sends support Nova Scotia's way



Nathan MacKinnon of the Colorado Avalanche watches from courtside at the Nuggets' game against the Oklahoma City Thunder at Pepsi Center on Wednesday in Denver. DOUG PENSINGER/GETTY IMAGES

The 20 players that made the cut to represent their province in men's hockey at the 2015 Canada Winter Games got a very special message this week.

"I'd like to wish you guys the best of luck and be the first to congratulate you guys on going to Prince George in February," Colorado Avalanche centreman Nathan MacKinnon said in a YouTube video sent Wednesday to those selected for the national event held every four years.

"It's a great honour to represent your province and I had a heck of a time in Halifax," he said of competing at the 2011 Canada Winter Games, held in his hometown. The players who will travel to the tournament taking place Feb. 21 to March 1 were revealed Thursday.

They are goalies Kirklin Allen and Matthew Welsh; defencemen Jack Cameron, Bradley Dawe, Christian Huntley, Walter Flower, Keenan MacIsaac and Jared McIsaac; along with forwards Kynan Berger, Shane Bowers, Nick Cullen, Derek Gentile, Ben Higgins, Brock McLeod, Shaun Miller, Jacob Myra, Logan O'Neil, Cole Rafuse, Bradley Shaw and Avery Warner.

Halifax Mooseheads assistant coach Jim Midgley will serve as bench boss of Team Nova Scotia. Kevin Mitchell and Aaron Rice will serve as his assistants, while Bob Mayo was named goaltending coach.

KRISTEN LIPSCOMBE/METRO



Leafs head coach Randy Carlyle, centre, watches his team on the ice in the 5-2 win over Tampa Bay on Tuesday in Toronto. The victory will help to alleviate some of the heat Carlyle has been taking after a pair of embarrassing blowout losses that led some to question his future with the Leafs. DARREN CALABRESE/THE CANADIAN PRESS

Bernier bounces back, Leafs move on

Crisis averted. Pulled early against Nashville, goalie saves 26 of 28 against Tampa Bay

Thursday night

5	2
Leafs	Lightning

James van Riemsdyk had a pair of goals to lead the Toronto Maple Leafs to a much-needed 5-2 victory over the Tampa Bay Lightning on Thursday.

David Clarkson, Richard Panik and Roman Polak also pitched in as Toronto (10-8-2) scored early in the first and added three more in the second to snap a three-game losing streak in front of 19,089 fans at Air Canada Centre.

Alex Killorn and Steven Stamkos replied for Tampa Bay (13-6-2).

Van Riemsdyk went top shelf twice in the second period, beating Tampa Bay goaltender Ben Bishop over his glove at the 12:31 mark of the period and then again on the power play at 15:15. Van Riemsdyk's second goal gave the Leafs a three-goal cushion heading into the third.

The normally high-scoring Lightning couldn't break through Leafs goalie Jonathan Bernier, who redeemed himself after being pulled from Tuesday night's 9-2 loss to Nashville after giving up three goals on 12 shots over 20 minutes.

Despite a late Lightning charge in the final minute, Bernier stood tall to record his sixth win of the season, stopping 26 of 28 shots.

THE CANADIAN PRESS

'Wrong path.' Parents led NHLer to bankruptcy

Columbus Blue Jackets defenceman Jack Johnson has filed for bankruptcy while earning millions under a $30.5-million contract in his ninth NHL season.

In federal court records, the 27-year-old said his finances have fallen apart under his parents' management. He said creditors and financial advisers took advantage of him through fraudulent transactions and predatory lending, pledging his contract earnings as security for unconventional loans that he didn't authorize and that had exorbitant interest rates.

Johnson filed for bankruptcy Oct. 7, two days before the start of the regular season. For estimated assets, he checked the box indicating $1 million to $10 million.

Johnson, who was traded to the Blue Jackets by the Los Angeles Kings in 2012, told The Columbus Dispatch he was led astray by others.

"I'd say I picked the wrong people who led me down the wrong path. I've got people in place who are going to fix everything now. It's something I should have done a long time ago," said Johnson.

As a busy young athlete inexperienced in money management, the Indianapolis native wanted his earnings to last beyond his professional career and entrusted his financial affairs to his parents, according to court documents.



Jack Johnson
GETTY IMAGES

THE ASSOCIATED PRESS

NHL

Kings' Voynov charged with felony domestic violence

Kings defenceman Slava Voynov was charged with domestic violence on Thursday by the Los Angeles County district attorney's office.

Voynov faces one felony count of corporal injury to a spouse with bodily injury.

In a statement providing the first public details of the incident, the district attorney's office said Voynov "caused his wife to suffer injuries to her eyebrow, cheek and neck" during an argument at their home, hours after the Kings won an afternoon game.

The 24-year-old Russian has been suspended since his arrest early Oct. 20 at a hospital in Torrance, Calif.

THE ASSOCIATED PRESS





New Blue Jays catcher Russell Martin speaks to reporters on Thursday at Rogers Centre. NATHAN DENETTE/THE CANADIAN PRESS

New Jay Martin glad to be close to home

And the money is good, too. Catcher is signed to five-year deal worth $82M, much to the pleasure of GM Alex Anthopoulos

Canadian Russell Martin says having the chance to play close to home was "high up there" on his list of reasons for deciding to join the Toronto Blue Jays.

The five-year, $82-million US contract the team put on the table didn't hurt, either.

"It was a great deal overall," he told a news conference Thursday, two days after the team announced they had signed him as a free agent. "For me, the opportunity to play at home and the contract that was offered just made a lot of sense to me."

With Dioner Navarro already in the fold, Blue Jays general manager Alex Anthopoulos said landing another catcher wasn't in the team's off-season plans. But signing the veteran Martin was too enticing for them to pass up.

Sensible switch

"For me, the opportunity to play at home and the contract that was offered just made a lot of sense to me."

Russell Martin of the Toronto Blue Jays

"We were very happy with the work that Dioner Navarro did," he said. "This deal for us was all about Russ Martin, one of the only players we'd ever consider making a change with. He was just the perfect fit for us in so many ways. That's really what it came down to."

The Blue Jays enjoyed a strong first half last season before fading after the all-star break and settling for a third-place finish in the American League East with an 83-79 record.

Martin brings some additional pop in a lineup that already boasts sluggers Jose Bautista and Edwin Encarnacion. The Canadian also has the experience to groom up-and-coming youngsters like Marcus Stroman, Drew Hutchison and possibly Aaron Sanchez in a starting rotation that is anchored by R.A. Dickey and Mark Buehrle. He also has plenty of post-season experience, having reached the playoffs in seven of the last nine years. The Blue Jays have not reached the post-season since winning a second straight World Series title in 1993.

"He's just a complete player in so many ways," said Anthopoulos. "He's a winner, as well. Everywhere he goes, he seems to win ... He's also a great player offensively and defensively."

THE CANADIAN PRESS



NFL

Bills home game to be relocated following storm

A league spokesman says a severe lake-effect snowstorm hitting Buffalo has led the NFL to relocate the Bills home game against the New York Jets on Sunday.

Michael Signora said Thursday that the NFL has yet to determine where the game will be played.

The decision comes as the region — including the team's home in Orchard Park — has been blanketed by more than five feet of snow since Monday.

Snow continued to fall on Thursday, with projected accumulations ranging between one and three feet.

Earlier in the day, New York Gov. Andrew Cuomo said it would be impractical for the game to be played on schedule.

The snow has affected the Bills' preparations after the team cancelled practice for a second straight day.

THE ASSOCIATED PRESS

NFL. Players' union appeals suspension of Vikings star Peterson

The NFL players' union has appealed the league's suspension of Adrian Peterson.

In a letter to its player representatives and executive committee obtained by The Associated Press on Thursday, the NFLPA calls Commissioner Roger Goodell's punishment "unprecedented, arbitrary, and unlawful" and demands an independent, neutral arbitrator hears Peterson's case.

On Tuesday, Goodell suspended Peterson without pay for the rest of the season and told him he will not be considered for reinstatement before April 15 for his violation of the NFL personal conduct policy.

Peterson pleaded no contest Nov. 4 to misdemeanour reckless assault in Texas for injuries to his four-year-old son with a wooden switch.

The union says Peterson was told the games he missed on a special exempt list would count as time served toward a suspension. The 2012 NFL MVP played just one game for the Minnesota Vikings this season. Peterson has said he intended no harm to his son and that he only wanted to discipline him.



Adrian Peterson GETTY IMAGES

The 2012 NFL MVP was paid part of his $11.75 million during the leave.

THE ASSOCIATED PRESS

FIFA

World Cup bid corruption case dismissal appealed

FIFA will further review the 2018 and 2022 World Cup corruption investigation, putting the status of hosts Russia and Qatar back in question.

FIFA's auditing committee will examine the full 430-page confidential report by American prosecutor Michael Garcia into impropriety during the bid process, reviving a probe which seemed closed one week ago.

The decision to hand over the documents to Scala came a week after FIFA ethics judge Joachim Eckert ruled that the case against Russia and Qatar was closed.

Within hours of the German judge's decision being published, Garcia appealed to FIFA, objecting to "numerous materially incomplete and erroneous representations" of his work.

THE ASSOCIATED PRESS

Head coach canned.

B.C. Lions making changes following poor 2014 season

After watching the B.C. Lions stumble to an embarrassing finish in the 2014 CFL season, general manager Wally Buono said changes would be coming.

He made good on that statement Thursday, as head coach Mike Benevides was fired after three years with the club.

The move was not considered a shock, as the Lions had a nightmare end to the season, with a humiliating 50-17 loss to Montreal in the East Division semifinal serving as the last straw.

"Was I in a state of shock (Sunday)? Yes," said Buono said Monday at a post-season availability with reporters. "Would I ever would have imagined that would have occurred? No."

The head coach was the first to take the fall for the performance in Sunday's game in Montreal that saw the Alouettes score at will and hold the toothless B.C. defence to three points until well into the fourth quarter.

Even before that post-season disaster, the Lions were making headlines for all the wrong reasons. They lost their last two regular-season games to division rivals Edmonton and Calgary by a combined score of 70-19.

THE CANADIAN PRESS

Hard-hitting teams to clash in Steeltown

University football.

McMaster Marauders to host Mount Allison Mounties for Vanier Cup semifinal

Fans of hard-nosed football will love this year's Mitchell Bowl.

The sixth-ranked Mount Allison Mounties and No. 3 McMaster Marauders will bring very similar styles to McMaster's Ron Joyce Stadium on Saturday for the Vanier Cup semifinal. Both teams have relied on smash-mouth defences and solid running games throughout the Canadian university football season and promise to bring more of the same to the Mitchell Bowl.

"We want to be violent. We want to make sure we hit you," said Mounties head coach Kelly Jeffrey said in an interview this week. "We want to be disruptive in terms of taking the ball away as much as possible. We want to be disciplined, we want to have sound schemes that don't give up big plays.

"If we can do those things, that's basically the heart of our defensive philosophy."

That approach has worked for Mount Allison all year. The undefeated AUS champions had the best defence in Canada this season, allowing an average of eight points per game and ranking third in both total yards allowed (324.0) and against the run (98.1).

The Marauders are strong defensively, as well. The 9-1 OUA champions allowed 17.75 points per game, the best in Ontario and fifth-best across the country. OUA defensive player of the year Nick Shorthill has been dominant at linebacker, helping McMaster place second against the pass (201.4) and the run (132.1).

"Defensively we've got several guys that we lean on and have come up huge in our playoff run to date," said Marauders head coach Stefan Ptaszek. "Nick Shorthill, (defensive backs) Scott Martin, Steve Ventresca and Joey Cupido are four of the best in the country and we're going to continue to lean on them."

Both teams have relied on productive ground attacks all season. THE CANADIAN PRESS

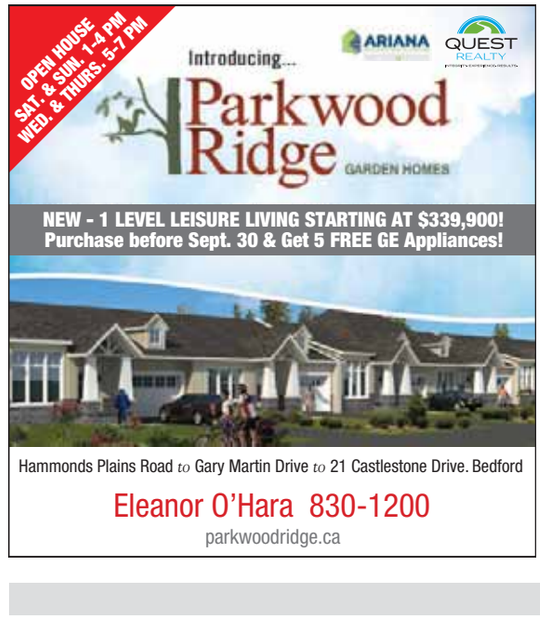


McMaster Marauders' Joe Richardson, right, and Joey Cupido, tackle Guelph Gryphons receiver Alex Charette during the second half of the Yates Cup last Saturday in Hamilton. AARON LYNETT/THE CANADIAN PRESS

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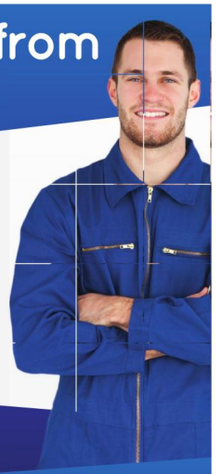


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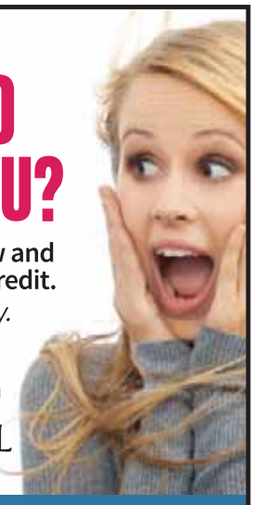
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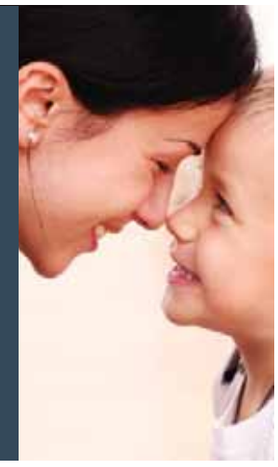
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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Surround yourself with people you feel safe with. A social invitation may look exciting but if it is outside your comfort zone, give it a miss.

♉ Taurus
April 21 - May 21
What someone tells you today may seem confusing but if you think about it, you will get the message. Some find it difficult to be straightforward.

♊ Gemini
May 22 - June 21
On the work front it would appear that someone has got into the habit of expecting you to do all the work. Maybe it's time to say "no".

♋ Cancer
June 22 - July 23
If you are not 100 per cent certain what you want out of life, you will become the start of next week. Over the next 48 hours your head and your heart will be in perfect harmony.

♌ Leo
July 24 - Aug. 23
It may annoy you that a friend keeps saying one thing while doing the opposite but don't let your anger show. Distance yourself.

♍ Virgo
Aug. 24 - Sept. 23
You know what needs to be done to make your life more exciting but actually doing it is another thing. The Sun's change of signs will stir things up.

♎ Libra
Sept. 24 - Oct. 23
You appear to have missed a chance to improve your money situation. Be that as it may you were right not to take chances.

♏ Scorpio
Oct. 24 - Nov. 22
You have never been the sort to worry too much about what others think of you. You would, however, be wise to take in a loved one's criticisms today.

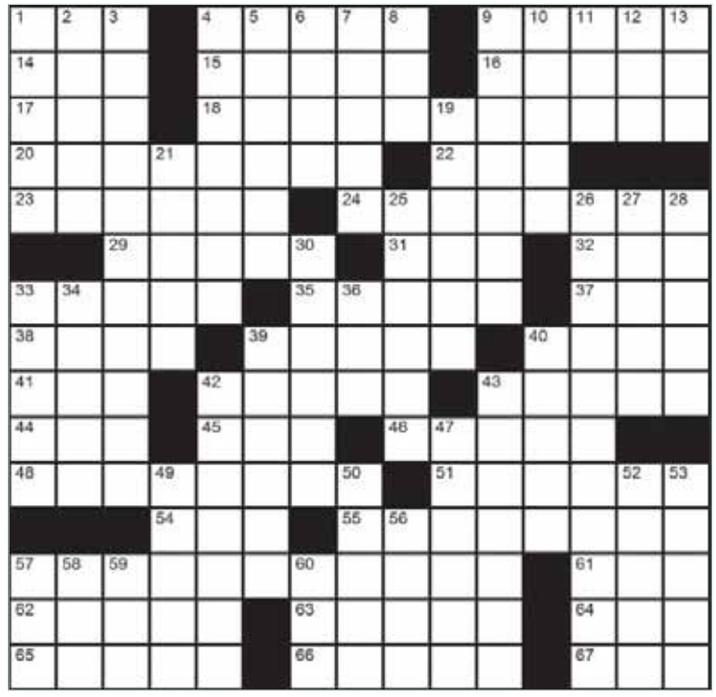
♐ Sagittarius
Nov. 23 - Dec. 21
With mind planet Mercury linked to Mars today you will at long last be able to put a name to what has been worrying you for days, weeks, even months.

♑ Capricorn
Dec. 22 - Jan. 20
What takes place today will reassure you that things are not as bad as they seem and some of the more serious problems that have plagued you in recent weeks will no longer worry you.

♒ Aquarius
Jan. 21 - Feb. 19
Keep telling yourself that you will succeed, no matter how difficult the task. The Sun's change of signs this weekend will make it easier to get on top of things without working yourself into the ground.

♓ Pisces
Feb. 20 - March 20
If there is something you want to say, now is the time. It does not matter how many people your words may offend, you have a duty to tell the truth as you see it .

Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Wine aperitif
4. Duck mascot insurance company
9. Makeup guest expert on "Cityline", Derek __
14. Beatles: "_ __ Mine"
15. Dutch cheese
16. Vary
17. Peacock network
18. Le Refus Global (Total Refusal): Quebec artists (spelling anglicized) of the 1940s such as Paul-Emile Borduas whose manifesto on culture is considered the origin of the Quiet Revolution
20. Glam rocker's makeup
22. Oz musical, with The
23. Silver-getter's placing
24. So Good __-__ Frozen Dessert (Canadian ice cream alternative)
29. Misplaces
31. Mr. Wheaton
32. '60s rocker's jacket
33. Proficient
35. Particular pasta
37. Hour div.
38. Calligraphy tips
39. Lt. Cmdr. Philip Francis __, Humphrey Bogart's role in "The Caine Mutiny" (1954)
40. Mr. Crosby
41. Mai __ (Cocktail)
42. More positive
43. Line: French
44. Auberge
45. Ashtray's li'l friend
46. Smile, bad guy style
48. One of a Flamenco dancer's clickers
51. Intertwine
54. Breakfast bit
55. Ontario town where Honda Civic and Honda CR-V vehicles are manufactured
57. High-speed event captured by a TV news chopper: 2 wds.
61. Wilson Pickett's "__ _ Midnight Mover"
62. Deport
63. This thingy:
64. "How Bizarre" group
65. __ Cup (Golf trophy)
66. Was inclined, like Pisa
67. Mesh

Down
1. Some cards
2. Diffuse
3. Non-garbage containers: 2 wds.
4. Versus
5. Farley Mowat book, The New __ Land
6. Certain chordophone
7. Decorate
8. Ms. Diaz, briefly
9. Lazed on the chair: 2 wds.
10. Audrey's "My Fair Lady" (1964) role
11. Fire dept. ranks
12. Gamble
13. Decade divs.
19. Canopy
21. Curvy patterns
25. Sports team VIPs
26. Citizenship and __ Canada
27. "The Office" star Mr. Wilson
28. Toronto street
30. __ Laurel (Plant that grows in BC)
33. Caper
34. Huntress of Roman myth
36. Wide shoe width
39. Ontario: Bay of __
40. Actress Jessica's
42. More rare
43. Not strict
47. British Columbia city
49. Pastoral-patterned fabric
50. Lake __ (American resort)
52. Like: French
53. Pass, as law
56. "Ooh __ __!"
57. MPH part
58. Prefix to 'moron'
59. Pot's top
60. Nero's 250

Yesterday's Crossword

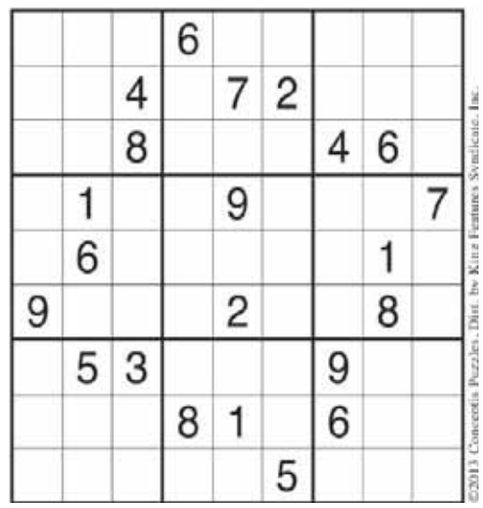


Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



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Yesterday's Sudoku

1	3	4	6	8	2	9	7	5
7	6	5	3	1	9	2	4	8
8	2	9	7	5	4	6	1	3
5	7	8	1	9	6	3	2	4
6	1	2	4	3	8	5	9	7
4	9	3	5	2	7	1	8	6
3	4	6	9	7	1	8	5	2
9	8	7	2	6	5	4	3	1
2	5	1	8	4	3	7	6	9



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CITY: 7.6L/100 KM▼



GLS model shown♦

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CITY: 9.7L/100 KM▼



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INCLUDES $4,635 IN PRICE ADJUSTMENTS[Ω]

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HWY: 7.4L/100 KM
CITY: 10.4L/100 KM▼



Sport 2.0T model shown♦

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HWY: 9.8L/100 KM
CITY: 12.9L/100 KM▼



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®The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. ‡Cash price of $11,364/$23,064 available on all remaining new in stock 2015 Elantra L 6-speed Manual/Santa Fe Sport 2.4L FWD models. Delivery and Destination charges of $1,595/$1,795, any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2014 Accent 5 Door L 6-speed manual/2015 Sonata GL Auto with an annual finance rate of 0% for 96 months. Weekly payments are $33/$59. $0 down payment required. Cost of Borrowing is $0. Finance offers include Delivery and Destination of $1,595/$1,695. Any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Financing example: 2014 Accent 5 Door L 6-speed manual for $13,744 at 0% per annum equals $33 weekly for 96 months for a total obligation of $13,744. $0 down payment required. Cash price is $13,744. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,595. Any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $4,635/$3,835/$7,000 available on in stock 2015 Elantra L 6-speed manual/2015 Santa Fe Sport 2.4L FWD/2014 Veloster Turbo 6-speed manual. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ♦Prices of models shown: 2015 Elantra Limited/2015 Santa Fe Sport 2.0T Limited AWD/2014 Accent 5 Door GLS Auto/2015 Sonata Sport 2.0T are $25,649/$39,649/$19,149/$30,999. Delivery and Destination charges of $1,595/$1,795/$1,595/$1,695, any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. ▼Fuel consumption for new 2015 Elantra 2.0 Limited (HWY 6.7L/100KM; City 9.7L/100KM); 2015 Santa Fe Sport 2.0T Limited AWD (HWY 9.8L/100KM; City 12.9L/100KM); 2014 Accent 5-Door GLS Auto (HWY 5.2L/100KM; City 7.6L/100KM); 2015 Sonata 2.0T Ultimate (HWY 7.4L/100KM; City 10.4L/100KM); are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ΔThe Hyundai Accent/Elantra received the lowest number of problems per 100 vehicles among small/compact cars in the proprietary J.D. Power 2014 Initial Quality Study℠ (IQS). Study based on responses from 86,118 new-vehicle owners, measuring 239 models and measures opinions after 90 days of ownership. Propriety study results are based on experiences and perceptions of owners surveyed in February-May 2014. Your experiences may vary. Visit jdpower.com. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov).‡†♦ΩOffers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.